

Reducing Uncertainty in Clinical Decision Making: The Role of the Evidence-based Practitioner

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Reducing Uncertainty in Clinical Decision Making: The Role of the Evidence-based Practitioner

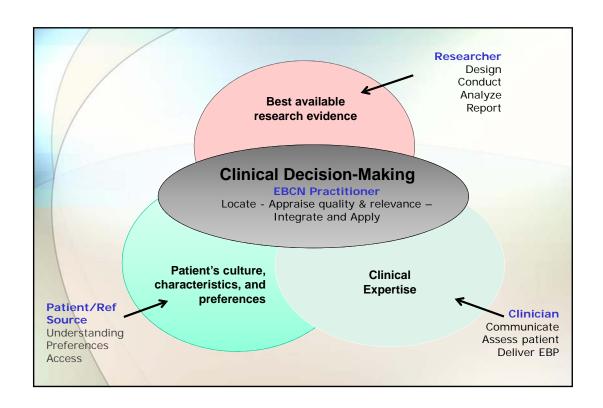
Learning Objectives:

As a result of attending this presentation, participants will be able to:

- Assess the quality and applicability of published research in terms of the checklist criteria enumerated by the Standards for Reporting Diagnostic (STARD) accuracy studies initiative;
- Extract base-rate information from published reports and apply this
 information to a patient's observed test scores to determine the Test
 Operating Characteristics (TOC) for those test scores; and
- 3. Apply Test Operating Characteristics information for a patient's specific scores to reduce uncertainty and inform clinical decision making in an evidence-based manner.

Evidence-Based Practice: General Components

- Integration of "best research"
- Clinical expertise
- Patient/Referral Source values



Who is the Evidence-Based Clinical Neuropsychological Practitioner (EBNP)?

A Clinical Neuropsychologist who uses ...

A value-driven pattern of clinical practice that attempts to integrate "best research" derived from the study of populations to inform clinical decisions about individuals within the context of his/her expertise and individual patient values with the goal of maximizing clinical outcomes and quality of life for the patient in a cost-effective manner while addressing the concerns and needs of the provider's referral sources.

Adapted from Chelune, 2010

Clinical Significance of Tests

Patients "deserve decisions and recommendations that are founded increasingly upon empirical validation. The instruments chosen to produce data to resolve questions in a valid fashion should be selected for their power to reduce uncertainty with respect to those questions..."

Costa, JCN, 1983, p. 7.

Our ability "to reduce uncertainty" provides value to patient care

From Description to Outcomes

Every Patient Evaluation

- Represents a Clinical Outcome
- Every Test Score is part of the Outcome
- Can/Should be interpreted within context of Evidence-based Research

Clinical Outcomes

Clinical outcomes are individual events that are characterized by a change in status, performance, or other objectively defined endpoint.

To be useful in the care of patients, outcomes data must be analyzed and packaged in such a manner that they can be directly "used" by the end-user.

Outcomes data must be available to the end-user (clinician, policy-maker, insurance panel, etc.)

Chelune, 2002, 2010

Key Competencies in Evidence Based Practice

- Ask appropriate questions
- Acquire relevant data: Informatics skills in finding answers
- Appraisal skills in knowing what's good, bad, acceptable, etc.
- Applying results skill in implementing assessment or intervention approach
- Assessing outcomes of practice program evaluation

Asking: Well-Built Clinical Questions (PICO)

- Background: Do patients with AD and FTD have different patterns of semantic and phonemic fluency?
- · Foreground: In patients with

Patient: Frontotemporal dementia

Intervention: patterns of phonemic and semantic fluency

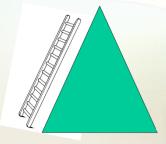
<u>Comparison</u>: compared to Alzheimer's dementia <u>Outcome</u>: are different (sensitive/specific)?

EBCNP: Individual Patient Application

- Ask: formulate the question
- Acquire: evidence search for answers
- Appraise: the evidence for quality and relevance
- Apply the results
- Assess the outcome

Common "Types" of Evidence

- Editorials and Expert Opinions
- Case Series and Case Reports
- Case Controlled Studies
- Cohort Studies
- Randomized Cohort Studies
- Meta Analytic Studies



The Evidence Pyramid

Identifying "Best Research" is not easy

Incomplete and inadequate reporting of research hampers the assessment of the strengths and weaknesses of the studies reported in the medical and neuropsychological literature. Readers need to know what was planned (and what was not), what was done, what was found, and what the results mean.

I fancy myself an EBCN...

I work in a Memory Disorders Clinic and am often faced with the question of differentiating AD from Frontotemporal Dementia (FTD). What tests or test signs might help me in making this differentiation?

I have read that differences between phonemic and semantic fluency can differentiate the two disorders.

I frame my question in the EBM PICO format and go to PubMed and do an advanced query under Clinical Queries to explore the Sensitivity and Specificity of Fluency Tests in differentiating AD from FTD

Meta Analysis



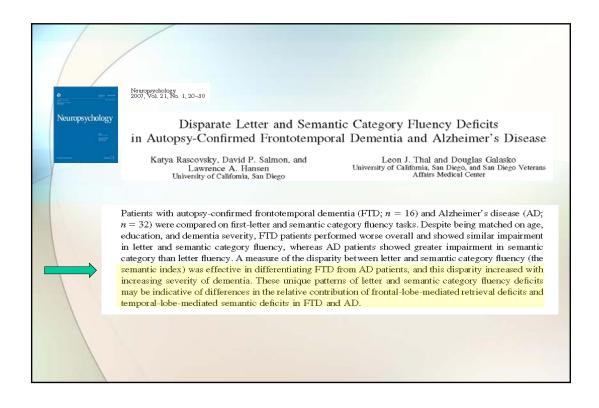
Neuropsychologia 42 (2004) 1212–1222

Verbal fluency performance in dementia of the Alzheimer's type: a meta-analysis

Julie D. Henry*, John R. Crawford, Louise H. Phillips

Abstract

A meta-analysis of 153 studies with 15,990 participants was conducted to compare the magnitude of deficits upon tests of phonemic and semantic fluency for patients with dementia of the Alzheimer's type (DAT) relative to healthy controls. As has been found for patients with focal temporal cortical lesions (but not for patients with focal frontal cortical lesions). DAT patients were significantly more impaired on tests of semantic relative to phonemic fluency (r = 0.73 and 0.57, respectively). Thus, since phonemic and semantic fluency are considered to impose comparable demands upon executive control processes such as effortful retrieval, but the latter is relatively more dependent upon the integrity of semantic memory, these results suggest that the semantic memory deficit in DAT reflects a degradation of the semantic store. Also supporting this conclusion, confrontation naming, a measure of semantic memory that imposes only minimal demands upon effortful retrieval, was significantly more impaired than phonemic fluency (r = 0.60 versus 0.55, respectively). However, since semantic fluency was also significantly more impaired than confrontation naming (r = 0.73 versus 0.61), deficits in semantic memory and effortful retrieval may be additive. Semantic, but not phonemic fluency, was significantly more impaired than measures of verbal intelligence and psychomotor speed. Thus, the semantic memory deficit in DAT qualifies as a differential deficit but executive dysfunction as indexed by phonemic fluency does not constitute an additional isolated feature of the disorder. Dementia severity was not significantly related to the relative magnitude of deficits upon phonemic and semantic fluency.

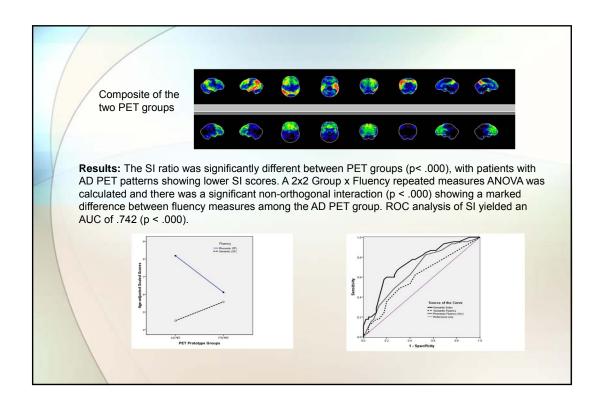


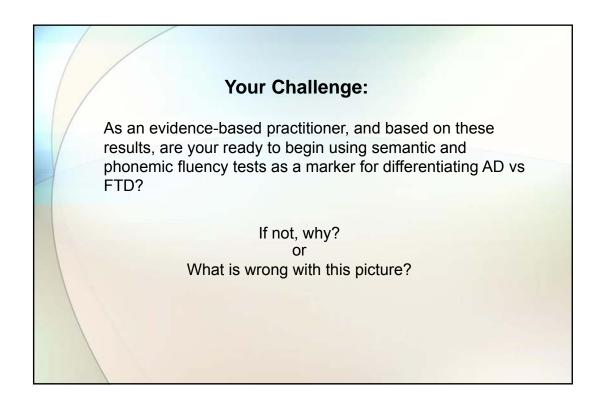
A study that specifically investigated disparities between phonemic and semantic fluency among patients with PET patterns of AD vs FTD

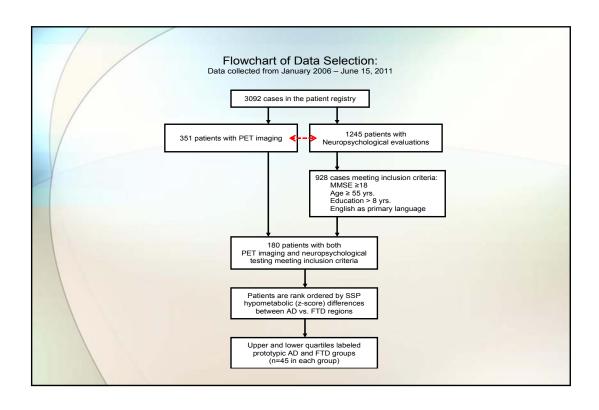
Background: Past research suggests that while both semantic and phonemic fluency deficits are common among patients with autopsy-confirmed AD and FTD, patients with AD have differentially greater semantic than phonemic fluency deficits. ¹⁸FDG-PET is frequently used as an in vivo diagnostic test to discriminate AD vs FTD pathology.

Objective: To determine if patients with AD vs FTD patterns of ¹⁸FDG-PET pathology show differential patterns of semantic and phonemic fluency and whether these patterns can predict the pattern of PET abnormality.

Methods: Two groups of N=45 with differential left hemisphere PET patterns of hypometabolism based on SSP images warped to Telairach space had been administered standard measures of semantic and phonemic fluency. Using age corrected fluency scores a composite Semantic Index (SI = SF/(SF+PF) was calculated for each subject. Group comparisons were conducted for the fluency measures and for SI, and ROC curves calculated to assess the sensitivity and specificity of the fluency measures in classifying the two PET patterns









You are what you eat... Jean Brillat-Savarin Renown 18th century epicure and gastronome Pleasures of the Table The Physiology of Taste "Tell me what you eat and I will tell you who you are"

Reporting Guidelines: Moving toward greater transparency * STROBE * CONSORT * STARD

STROBE: An international, collaborative initiative of epidemiologists, methodologists, statisticians, researchers and journal editors involved in the conduct and dissemination of observational studies, with the common aim of **STrengthening the Reporting of Observational studies in Epidemiology**.

Website: http://www.strobe-statement.org/

Policy and practice

Bulletin of the World Health Organization 2007;85:867-872.

The Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) Statement: guidelines for reporting observational studies*

Erik von Elm,^a Douglas G Altman,^b Matthias Egger,^{a,c} Stuart J Pocock,^d Peter C Gøtzsche ^a & Jan P Vandenbroucke^f for the STROBE Initiative

The STROBE Statement and Neuropsychology: Lighting the Way Toward Evidence-Based Practice

David W. Loring & Stephen C. Bowden

To cite this article: David W. Loring & Stephen C. Bowden (2014) The STROBE Statement and Neuropsychology: Lighting the Way Toward Evidence-Based Practice, The Clinical Neuropsychologist, 28:4, 556-574, DOI: 10.1080/13854046.2012.762552

CONSORT

CONSORT: Stands for **Consolidated Standards of Reporting Trials** and encompasses various initiatives developed by the CONSORT Group to alleviate the problems arising from inadequate reporting of randomized controlled trials. The CONSORT statement is an evidence-based, minimum set of recommendations for reporting randomized trials. It offers a standard way for authors to prepare reports of trial findings, facilitating their complete and transparent reporting, and aiding their critical appraisal and interpretation.

Website: http://www.consort-statement.org/

CONSORT 2010

The CONSORT (CONsolidated Standards of Reporting Trials) 2010 guideline is intended to improve the reporting of parallel-group randomized controlled trial (RCT), enabling readers to understand a trial's design, conduct, analysis and interpretation, and to assess the validity of its results. This can only be achieved through complete adherence and transparency by authors.

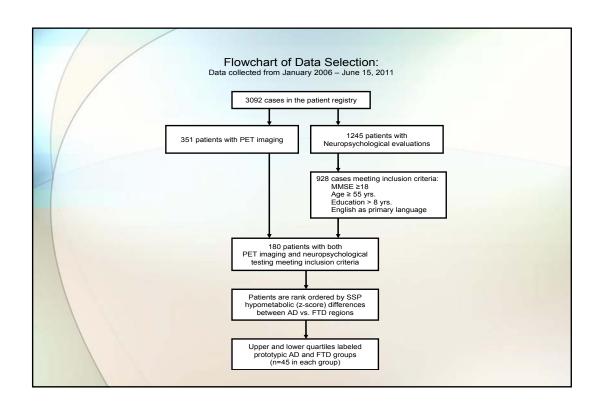
CONSORT 2010 was developed through collaboration and consensus between clinical trial methodologists, guideline developers, knowledge translation specialists, and journal editors (see CONSORT group). CONSORT 2010 is the current version of the guideline and supersedes the 2001 and 1996 versions . It contains a 25-item checklist and flow diagram, freely available for viewing and downloading through this website.

STARD: STAndards for the Reporting of Diagnostic accuracy studies.

The objective of the STARD initiative is to improve the accuracy and completeness of reporting of studies of diagnostic accuracy, to allow readers to assess the potential for bias in the study (internal validity) and to evaluate its generalisability (external validity).

The STARD statement consist of a checklist of 25 items and recommends the use of a flow diagram which describe the design of the study and the flow of patients.

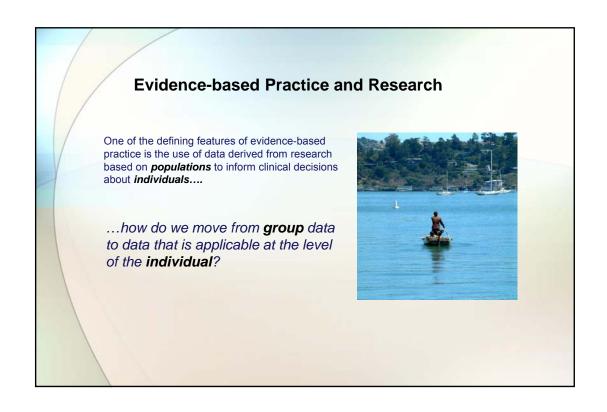
Website: http://www.stard-statement.org/

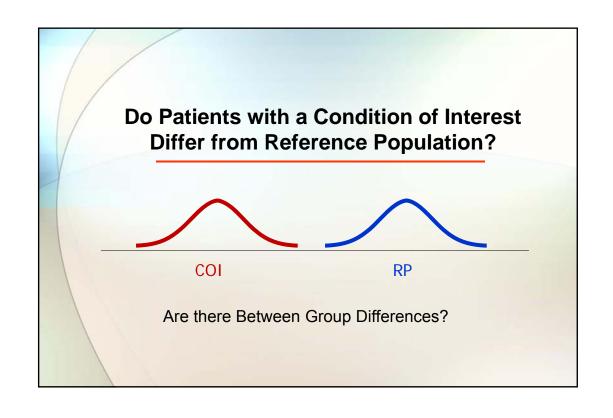


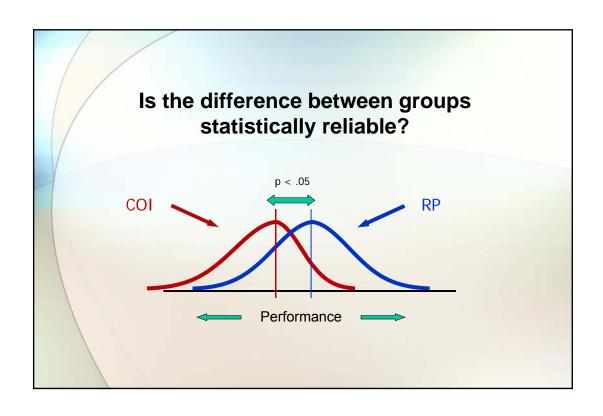
STARD checklist for the reporting of studies of diagnostic accuracy. First official version, January 2003.

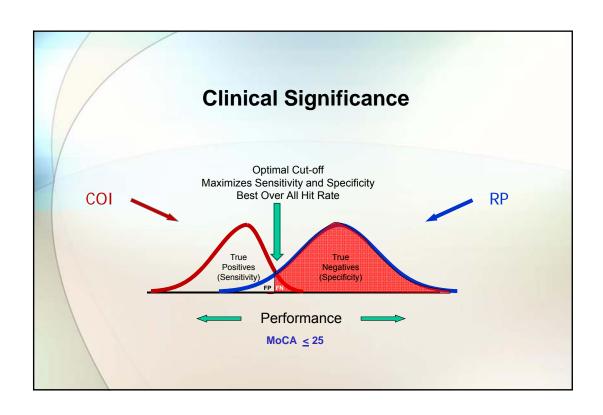
Section and Topic	Item#		On page #		
TITLE/ABSTRACT/ KEYWORDS	1	Identify the article as a study of diagnostic accuracy (recommend MeSH heading 'sensitivity and specificity').			
INTRODUCTION	2	State the research questions or study aims, such as estimating diagnostic accuracy or comparing accuracy between tests or across participant groups.			
METHODS					
Partici pants	3	Describe the study population: The inclusion and exclusion criteria, setting and locations where the data were collected.			
	4	Describe participant recruitment: Was recruitment based on presenting symptoms, results from previous tests, or the fact that the participants had received the index tests or the reference standard?			
	5	Describe participant sampling: Was the study population a consecutive series of participants defined by the selection criteria in items 3 and 4? If not, specify how participants were further selected.			
	6	Describe data collection: Was data collection planned before the index test and reference standard were performed (prospective study) or after (retrospective study)?			
Test methods	7	Describe the reference standard and its rationale.			
	8	Describe technical specifications of material and methods involved including how and when measurements were taken, and/or cite references for index tests and reference standard.			
	9	Describe definition of and rationale for the units, cutoffs and/or categories of the results of the index tests and the reference standard.			
	10	Describe the number, training and expertise of the persons executing and reading the index tests and the reference standard.			
	11	Describe whether or not the readers of the index tests and reference standard were blind (masked) to the results of the other test and describe any other clinical information available to the readers.			

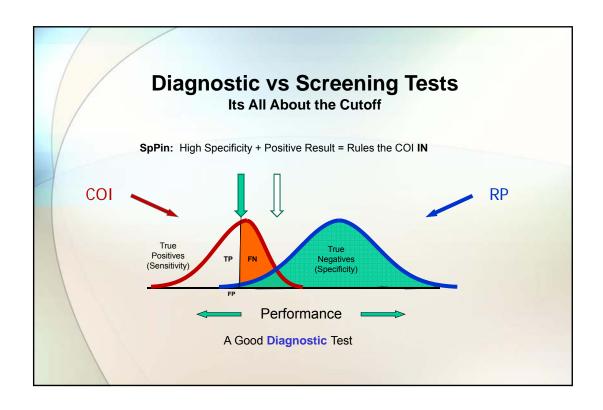
Statistical methods	12	Describe methods for calculating or comparing measures of diagnostic accuracy, and the statistical methods used to quantify uncertainty (e.g. 95% confidence intervals).	
	13	Describe methods for calculating test reproducibility, if done.	
RESULTS			
Participants	14	Report when study was done, including beginning and ending dates of recruitment.	
	15	Report clinical and demographic characteristics of the study population (e.g. age, sex, spectrum of presenting symptoms, comorbidity, current treatments, recruitment centers).	
	16	Report the number of participants satisfying the criteria for inclusion that did or did not undergo the index tests and/or the reference standard; describe why participants failed to receive either test (a flow diagram is strongly recommended).	
Test results	17	Report time interval from the index tests to the reference standard, and any treatment administered between.	
	18	Report distribution of severity of disease (define criteria) in those with the target condition; other diagnoses in participants without the target condition.	
	19	Report a cross tabulation of the results of the index tests (including indeterminate and missing results) by the results of the reference standard; for continuous results, the distribution of the test results by the results of the reference standard.	
	20	Report any adverse events from performing the index tests or the reference standard.	
Estimates	21	Report estimates of diagnostic accuracy and measures of statistical uncertainty (e.g. 95% confidence intervals).	
	22	Report how indeterminate results, missing responses and outliers of the index tests were handled.	
	23	Report estimates of variability of diagnostic accuracy between subgroups of participants, readers or centers, if done.	
	24	Report estimates of test reproducibility, if done.	
DISCUSSION	25	Discuss the clinical applicability of the study findings.	

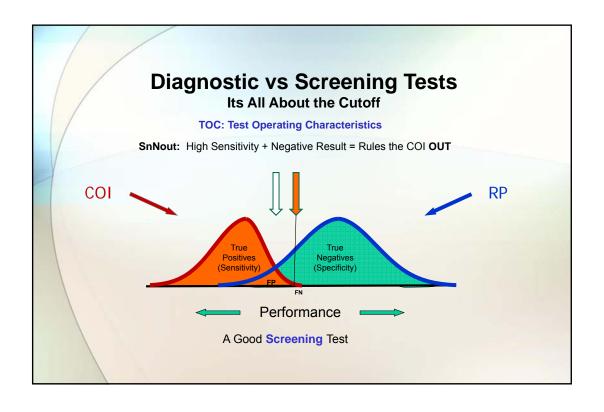












Bayesian approach: Analyses of Changes in Base Rates

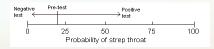
Bayes' Theorem: What we know after giving a test in equal to what we knew before doing the test times a modifier (based on the test results). Test results are used to adjust a *prior distribution* to form a new *posterior distribution* of scores.

Value Driven Pattern of Practice

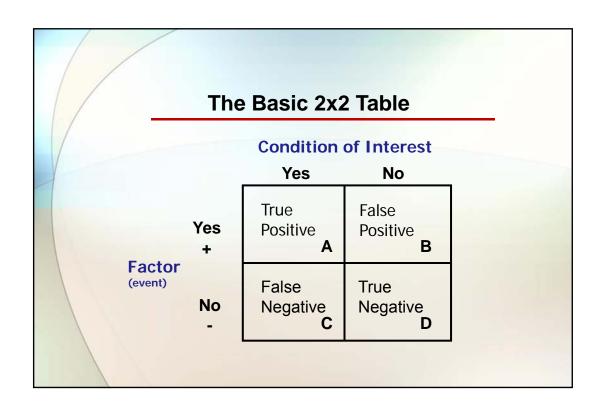
http://omerad.msu.edu/ebm/Diagnosis/Diagnosis4.html

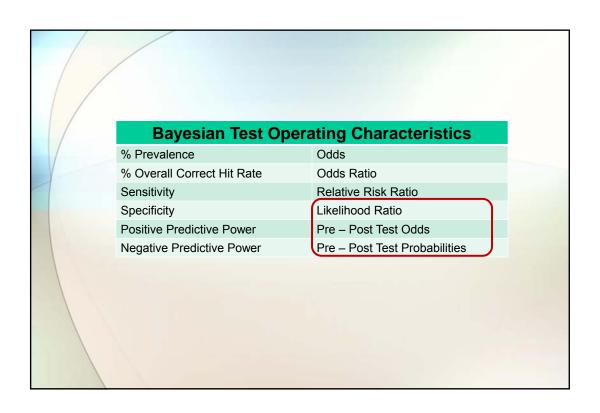
Michigan State University: Evidence-based Medicine Course

In the language of clinical epidemiology, we take our initial assessment of the likelihood of disease ("pre-test probability"), do a test to help us shift our suspicion one way or the other, and then determine a final assessment of the likelihood of disease ("post-test probability").



The Test Result guides the Rx (the "Front Door")



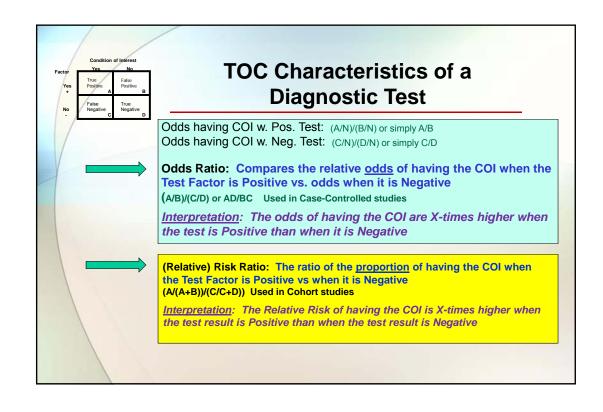


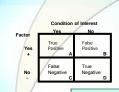
Odds and Probabilities

The chances or likelihood of an event can be expressed as either a Probability or as Odds

<u>Probability</u> is the fraction or percentage of times an event will occur in a specific number of trials. Range: 0 to 1.0. E.g., 1 of 5 = .20

 $\underline{\text{Odds}}$ are defined as the probability that an event will occur divided by the probability that the event will not occur or the ratio of events to non-events. E.g., (1/5)/(4/5) = 1:4 = .25





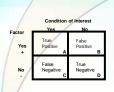
TOC Characteristics of a Diagnostic Test

Likelihood Ratio: A measure of how reliably a diagnostic test actually detects the COI. It represents the likelihood that a test result would be expected in patients with the COI divided by the likelihood that the same result would be expected in patients without the COI. It compares the proportion of TP to proportion of FP LR+: Likelihood of COI if Test is Positive = Sensitivity/(1-Specificity)

LR-: Likelihood of COI if Test is Negative = (1-Sensitivity)/Specificity

Interpretation of LR+: If a test result is positive in a patient, the patient is X-times more likely to have the COI than not to have it.

- More stable than PPP and NPP
- Does not vary with prevalence
- Can be calculated for several levels of a test result.



TOC Characteristics of a Diagnostic Test

Informing the Diagnostic Process: Does Testing Matter

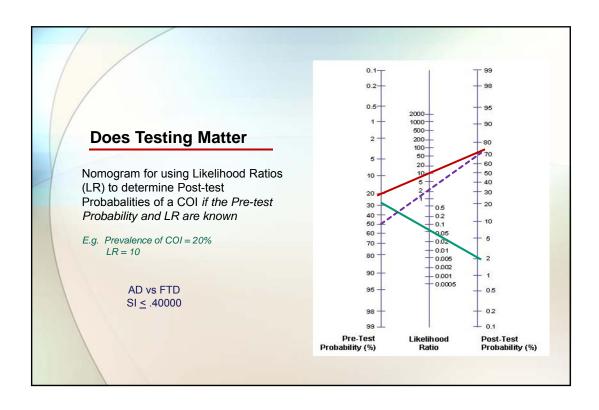
Pre-test Odds: The odds of a patient having the COI before a test is given -Pre-test probability/(1- Pre-test Probability)

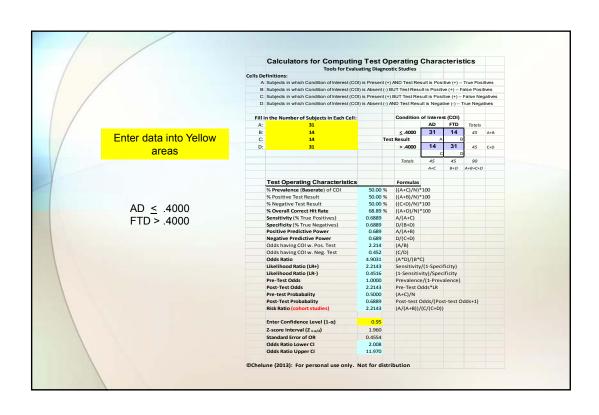
Pre-test Probability: This is the prevalence or base rate of the COI without knowledge of any test findings -(A+C)/N

Post-test Odds: The Odds that the patient has the target disorder after the test is given -

Pre-test odds X the Likelihood Ratio (LR)

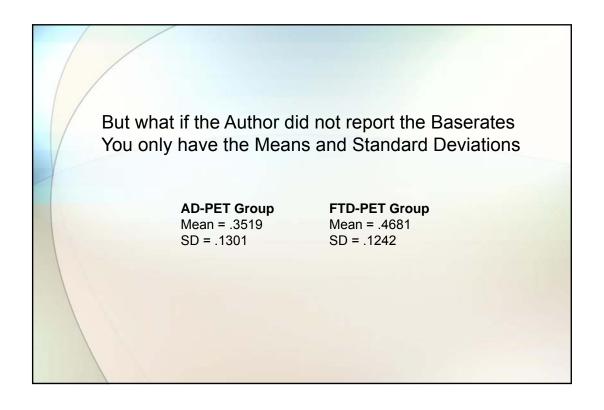
Post-test Probability: The proportion of patients with a particular test result that have the COI -Post-test Odds/(1+Post-test Odds)

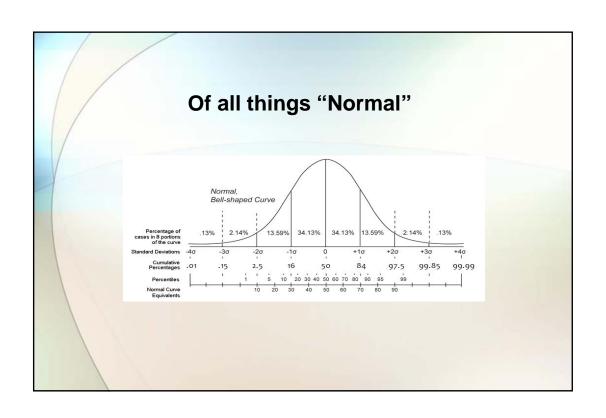


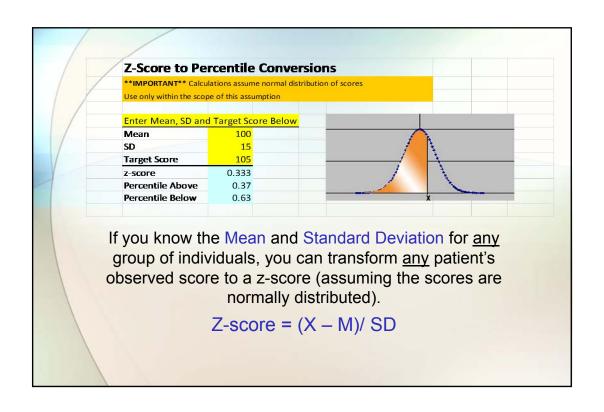


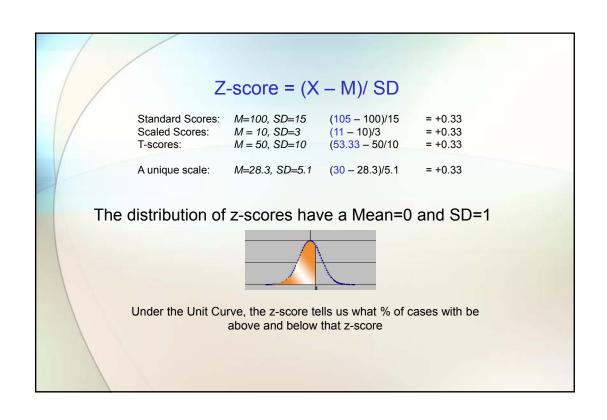
	Test Operating Characteristic	Formulas		
	% Prevalence (Baserate) of COI	50.00 %	((A+C)/N)*100	
/	% Positive Test Result	50.00 %	((A+B)/N)*100	
	% Negative Test Result	50.00 %	((C+D)/N)*100	
	% Overall Correct Hit Rate	68.89 %	((A+D)/N)*100	
	Sensitivity (% True Positives)	0.6889	A/(A+C)	
	Specificity (% True Negatives)	0.6889	D/(B+D)	
	Positive Predictive Power	0.689	A/(A+B)	
_	Negative Predictive Power	0.689	D/(C+D)	
AD < .4000	Odds having COI w. Pos. Test	2.214	(A/B)	
TD > .4000	Odds having COI w. Neg. Test	0.452	(C/D)	
	Odds Ratio	4.9031	(A*D)/(B*C)	
	Likelihood Ratio (LR+)	2.2143	Sensitivity/(1-Sp	ecificity)
	Likelihood Ratio (LR-)	0.4516	(1-Sensitivity)/Specificity	
	Pre-Test Odds	1.0000	Prevalence/(1-Prevalence)	
	Post-Test Odds	2.2143	Pre-Test Odds*LF	1
	Pre-test Probabality	0.5000	(A+C)/N	
	Post-Test Probabality	0.6889	Post-test Odds/(I	Post-test Odds+1
	Risk Ratio (cohort studies)	2.2143	(A/(A+B))/(C/(C+	D))
	Enter Confidence Level (1-α)	0.95		
	Z-score Interval (Z _{1-α/2})	1.960		
	Standard Error of OR	0.4554		
	Odds Ratio Lower CI	2.008		
	Odds Ratio Upper CI	11.970		
	©Chelune (2013): For personal use only. Not for distribution			

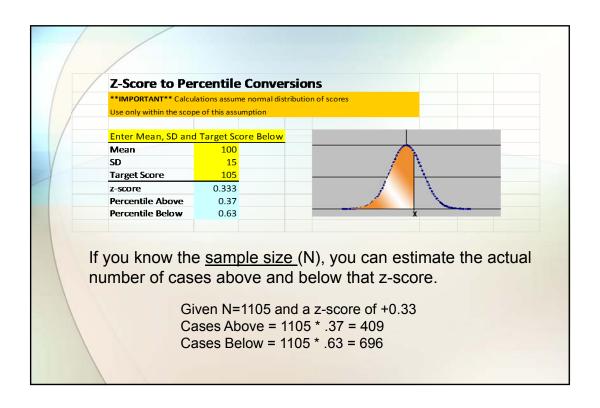


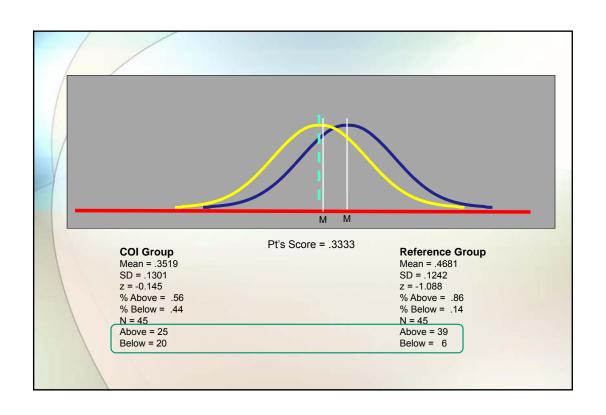


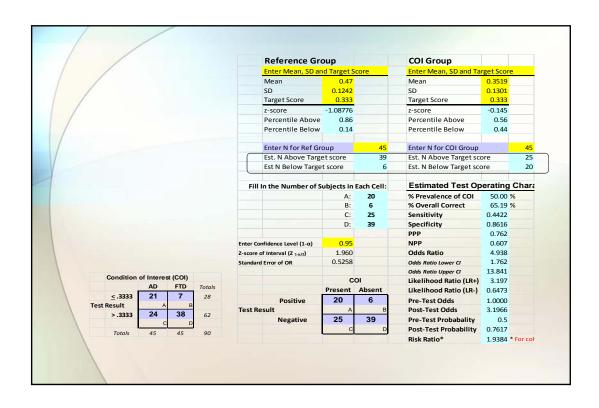


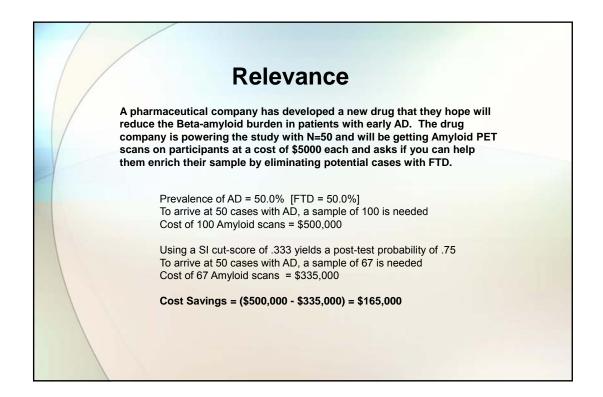














The Clinical Neuropsychologist, 2012, 26 (8), 1296-1311

Confronting Patients About Insufficient Effort: The Impact on Subsequent Symptom Validity and Memory Performance

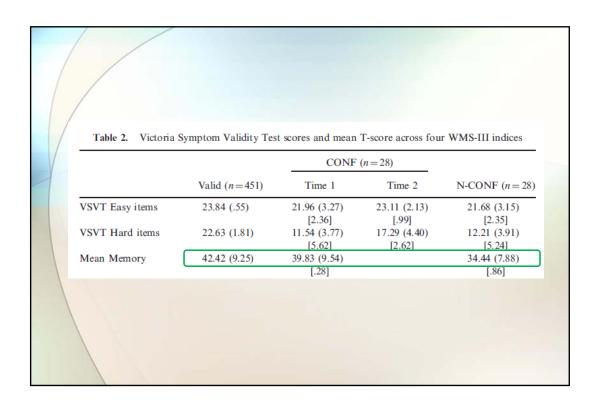
Yana Suchy¹, Gordon Chelune², Emilie I. Franchow¹, and Sommer R. Thorgusen¹

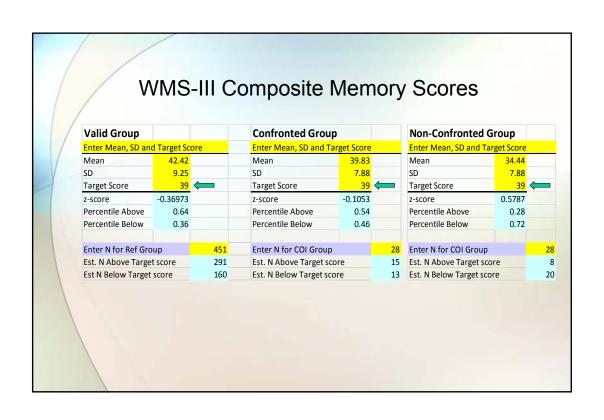
¹Department of Psychology, University of Utah, Salt Lake City, UT, USA

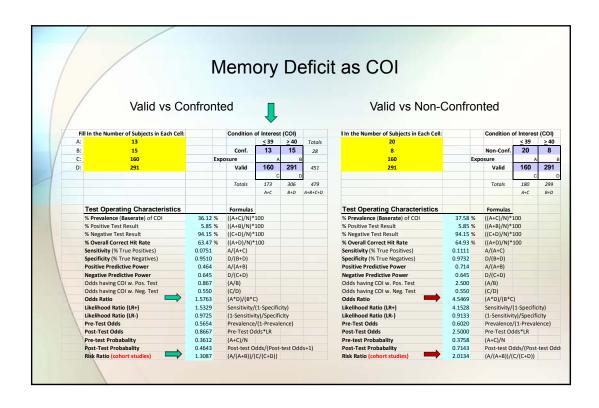
²Department of Neurology, University of Utah, Salt Lake City, UT, USA

Table 1. Means, standard deviations, and ranges for demographic and clinical characteristics of the sample

					CONF vs N-CONF comparison	
	Valid (n = 451)	Non-valid total $(n=56)$	Non-valid CONF (n=28)	Non-valid N-CONF (n=28)	t or Chi-Square	p
Age (years)	45.51 (9.40) 18–76	40.18 (8.65) 19–58	38.25 (8.40) 35–42	42.11 (8.62) 39–45	1.67	.096
Education (years)	14.14 (2.46) 7–20	12.80 (1.54) 9–18	13.07 (1.80) 12-14	12.54 (1.20) 12-13	1.31	.196
Age of illness onset (years)	35.00 (9.73) 13–64	31.61 (8.88) 14–53	29.63 (7.71) 27–33	33.57 (9.65) 30–37	1.68	.098
Illness duration (years)	5.35 (5.95) 2–37	4.89 (4.79) 0–22	5.75 (4.77) 4–8	4.04 (4.75) 2–6	1.35	.183
BDI-2 (total raw score)	16.30 (10.48) 0-54	22.77 (9.93) 4-44	22.11(9.80) 18–26	23.46 (10.21) 19–28	0.49	.625
% female	73%	66%	61%	71%	.717	.397
% left-handed	11.5%	12.5%	7%	18%	1.47	.225







Conclusions

- Every patient's test data can be viewed as an individual outcome. It is possible to use published research to determine/estimate the specific TOC characteristics of a given patient's specific test scores.
- ➤ By using simple Bayesian methods it is possible to enhance evidence-base practice that is: a) value-driven; b) integrates research derived from the study of groups to inform clinical decisions about individuals; and c) addresses the concerns and needs of our referral sources.