

Adult Grand Rounds

Mike R. Schoenberg, PhD, ABPP - Chair

Gregory Lee, PhD, ABPP – Discussant Clea Evans, PhD - Discussant Robin Hilsabeck, PhD, ABPP - Discussant



FINANCIAL DISCLOSURE

M. Schoenberg

- Financial support from State of FL, USF Practice plan, State of FL Elder Affairs, medicolegal consulting (< 20% of annual salary), Oxford University Press, Springer, Taylor & Francis. Research support from AACN Foundation

C. Evans

- None to report

G. Lee

- Financial support from the State of Georgia, MCG Practice Plan, National Academy of Neuropsychology, Oxford University Press, Taylor & Francis, Veloxis Pharmaceuticals A/S

R. Hilsabeck

- Royalties from Oxford University Press and John Wiley & Sons.



Lessons from a Neuropsychological Case Study of Adult Polyglucosan Body Disease (APBD) Initially Diagnosed as Multiple Sclerosis

Seth A. Margolis, M.A.^{1,2} Stephanie Assuras, Ph.D.³

¹Ferkauf Graduate School of Psychology, Yeshiva University ²University of California San Diego Medical Center, Department of Psychiatry ³Columbia University Medical Center, Department of Neurology



FINANCIAL DISCLOSURE

We have no financial relationships to disclose.



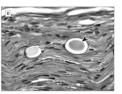
APBD: Transmission & Pathology

- APBD is an autosomal recessive disease → deficiency of glycogen branching enzyme gene (GBE1) encoded at chromosome 3p12.
- Affects central and peripheral nervous systems, as well as other tissue (e.g., liver).
- Neuroimaging markers include demyelination and gliosis:
 - Medullary and cervical spinal cord atrophy (100 %)
 - Subcortical and periventricular white matter lesions affecting posterior limb of internal capsule (93 %) and the brainstem (97 %)
 - Cerebellar atrophy (57 %)
 - Thinning of the corpus callosum (43%)

Klein, 2009; Mochel, et al. 2012; Hellman et al., 2015



Intracellular accumulation of polyglucosan bodies in neurons detected by Luxol fast blue staining for myelin.



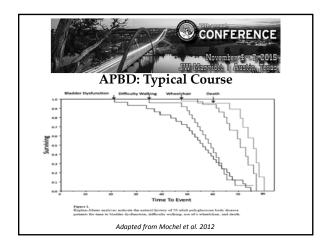
Adapted from Paradas et al. 2014



APBD: Mechanism & Diagnosis

- Neuro-mechanism unknown
 - Astrocytic transport or energy deficit in glial cells?
- Diagnosis is based on:
 - Clinical exam
 - MRI of brain/spinal cord
 - Sural nerve biopsy
 - Assay of GBE activity
 - Genetic testing

Klein, 2009; Mochel et al., 2012



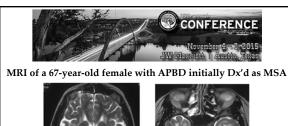


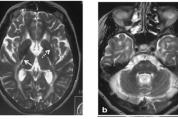
APBD: Epidemiology

- Frequency of GSDs is 1:10,000, GBE deficiencies account for $^{\sim}3\%$ (Mochel et al., 2012)
 - In Ashkenazi Jews, heterozygote frequency = 1:35 (Hussain et al., 2012)
 - Also Dx'd in Latinos, Pacific Islanders, Caucasians, Cambodians, Koreans, Italians (Lee et al., 2007; Dainese et al., 2012; Mochel et al., 2012; Colombo et al., 2015)
- Frequently misdiagnosed (Hellman et al. 2015):
 - Benign prostatic hypertrophy in males (53%)

 → "inappropriate" prostatectomy (62%)
 - Cerebral Small Vessel Disease (27 %)
 - Peripheral Neuropathies (20 %) Multiple Sclerosis (17 %)

 - Amyotrophic Lateral Sclerosis (17 %) Cervical Spondylotic Myelopathy (10%)
 - Multiple System Atrophy (7%)





Adapted from Hellman et al. 2015



APBD: Treatment

- Experimental, open trial of triheptanoin diet therapy in 6 patients (Roe, Bottiglieri, Wallace, Arning & Martin, 2010):
 - Temporary perceived stabilization of symptoms
 - Increased strength
 - · Decreased urinary frequency
 - Reduced ptosis and leg pain
 - Improved walking performance
- No FDA approved treatments
- Palliative and symptom-focused care
- Pre-conception genetic screening/family planning



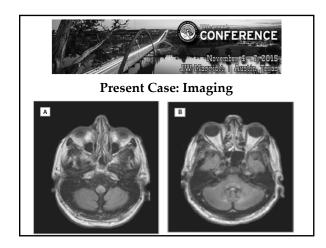
APBD: Cognitive Characteristics

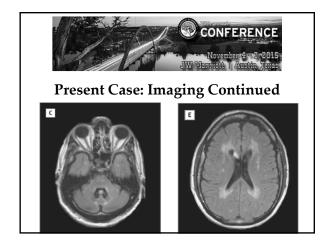
- Riffai et al., (1994) described test performance in a 56 y/o male
 - Borderline FSIQ, deficient sustained attention, slow processing, impaired visuospatial skills, anomia, auditory comprehension problems, and recognition memory > free recall.
- Savage et al. (2006) described an 80 y/o female with moderate to severe impairments in memory, language, executive functioning, and visuoconstructional deficits that remained stable across 4-years.
- Billot et al., (2013) reported a case of transient severe attentional and dysexecutive deficits in a 35 y/o woman with APBD, undetected at F/U.
- Other reports have described APBD pathology co-morbidly with LBD (Trivedi et al., 2003) and FTLD (Farmer et al., 2013), and AD (Mochel et al.,

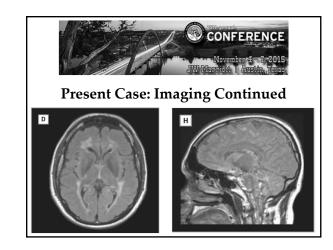


Present Case: Background

- 46 year-old, RH, married man with 18-years of education in the visual arts.
- Onset: At age 37, had hour-long episode of slurred speech, numbness/weakness in legs, difficulty walking, urinary urgency/incontinence and feeling "cloudy."
- Given MS diagnosis after MRI showed demyelination.
- Treated with interferon beta-1a for 5-years.
- These symptoms persisted along a relapsing-remitting course despite treatment.









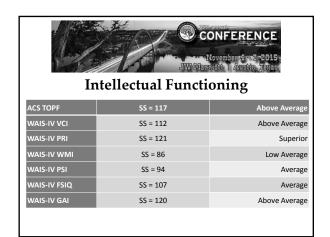
Present Case: Background Continued

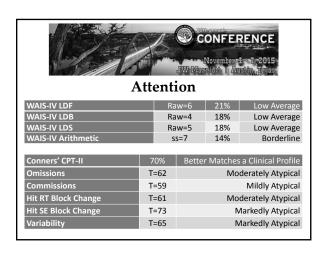
- At age 43, medical providers learned that brother died at age 2 ½ of hepatopathy, following 2 failed liver transplants.
 - At autopsy, liver showed abnormal glycogen storage.
- GBE1 mutations were detected in our patient and branching enzyme activity was <10% of normal.
- Diagnosis was changed to early adult—onset, relapsingremitting, polyglucosan body disease.
- interferon beta-1a was discontinued.

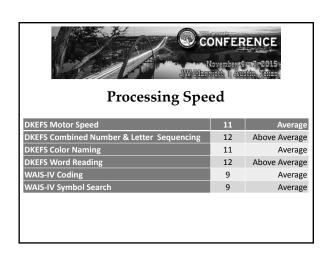


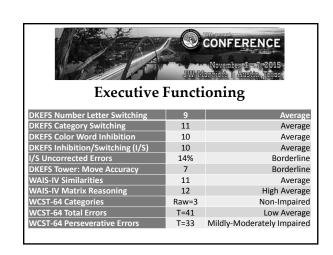
Present Case: Complaints

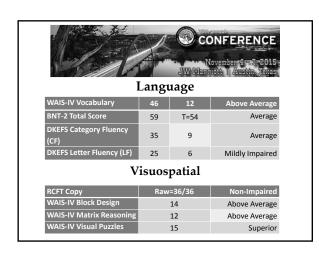
- Context of NP referral
 - Referred following 2-years of new-onset cognitive complaints that appeared stable
 - Cognitive
 - Trouble concentrating and initiating → errors on the job
 - Mild short-term memory problems, but "eventually remembers"
 - Increased effort to prioritize and complete tasks
- Functioning
- Recent job loss (presumably due to cognitive problems)
- Mood
- "Stressed": questions about how to live fully despite APBD
- Recently started insight-oriented psychotherapy; no psychotropics
- Social
 - Marital Difficulties

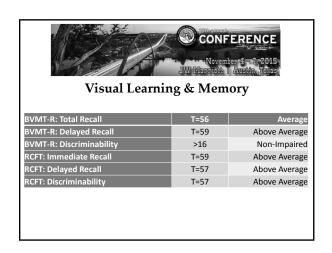








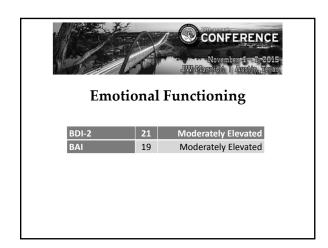






26-50%

Average





Summary

- Reduced attention/working memory, sustained attention, and initiation/fluency were prominent features of the NP profile.
- As cognitive complexity increased, mild but consistent reductions in planning and problemsolving emerged.
- Strengths included visuospatial analysis, reasoning, language, and learning/memory.
- Illness-related maladjustment was observed.



Integration/Interpretation

- Test findings mirror perceived difficulties.
- Attentional and executive deficits may be consistent with white matter degeneration in frontal lobes and/or cerebellar lesions.
- Emotional distress may have contributed to cognitive weaknesses.



Recommendations

• Psychiatry referral.

WMS-IV LM Discriminabilit

- CBT for depression, anxiety, maladjustment.
- Psychotropics for mood and attention.
- Cognitive remediation referral.
 - $\ Emphasized \ learning \ compensatory \ strategies.$
- Encouraged marital counseling.
- Encouraged to take advantage of support resources at http://apbdrf.org/.



Conclusions

- Case sheds light on neuropsychological characteristics of APBD.
- Pattern of executive dysfunction provides further evidence that cerebellar white matter degeneration may produce cognitive profiles reflecting frontal-systems involvement.
- Although profile could be consistent with more common demyelinating conditions, clinicians should note how critical family history was in reaching accurate diagnosis.



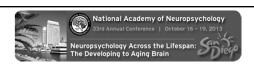




Comprehensive Neuropsychological Assessment in Late-Onset Wilson's Disease

Brittany C. LeMonda, Ph.D. William B. Barr, Ph.D., ABPP-CN

NYU Langone Medical Center, Comprehensive Epilepsy Center, Department of Neurology



Financial Disclosure

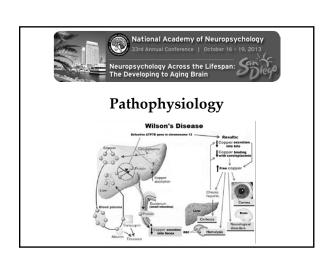
I have no financial relationships to disclose

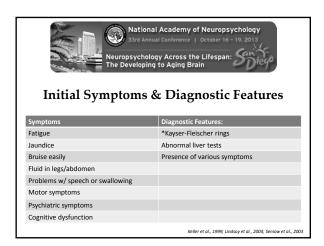


What is Wilson's Disease

- Autosomal recessive genetic disorder
- Copper accumulation in liver, brain, organs
- 1/30,000
- Ages 12-23, up to age 40
- Hepatic/renal failure

Keller et al., 1999; Lindsay et al., 2004









Kayser-Fleischer Rings

- The most characteristic sign
- Not always visible to the naked eye
- ~50% of cases



Keller et al., 1999; Lindsay et al., 2004



Treatment

- Penicillamine may be effective
- Most improve w/ some residual symptoms
- Proportion remain symptomatic or deteriorate
- Difference in outcomes not well studied

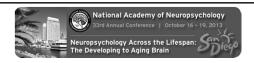
Keller et al., 1999; Lindsay et al., 2004



Neurocognitive Deficits

- Limited studies
- Cognitive deficits due to disease and medication effects
- Motor/mental speed and higher order cognitive functions most compromised
- Patients with neurological symptoms perform worse than controls and asymptomatic patients on motor, memory, executive functioning, and visuospatial tasks
- Recent study: evidence for decreased ACC activity, suggesting problems with inhibition; associated with symptom severity

Goldstein et al., 1968; Isaacs-Glaberman et al., 1989; Knehr et al., 1956; Lang et al., 1990, Medalia et al., 1988; Portala et al., 200 Rathbun et al., 1996; Scheinberg et al., 1968; Seniow et al., 2002; Stack et al., 20.



Epilepsy in Wilson's Disease

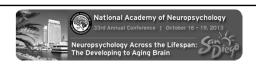
- Prevalence of epilepsy is 6-8%
- Related disease and medication effects
- 20% precede WD diagnosis, 45% begin at the time of diagnosis, and 30% occur after treatment
- 70% GTCs; 68% had no recurrence after ~9 years

Dening et al., 1988; Prashanth et al., 2010



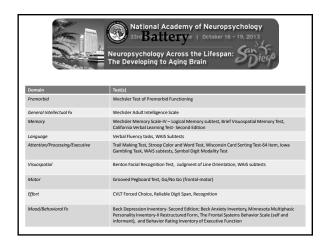
Case- Mr. X

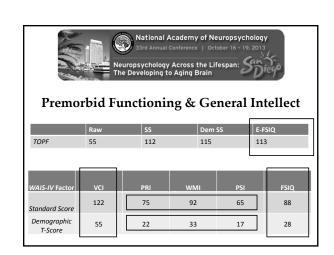
- 63 year old, R-handed, Caucasian, married male with 18 years of education working as a Professor at a major university
- · Various cognitive and motor complaints
- Possible hallucinations and one episode of disorientation/unconsciousness
- Depressed mood, personality changes
- Suspected ataxia vs. PD vs. ET
- Testing confirmed Wilson's Disease

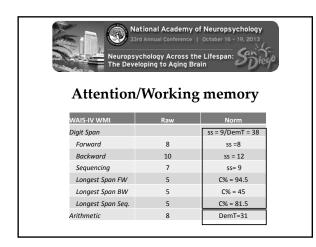


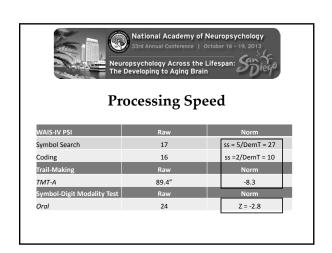
Behavioral Observations

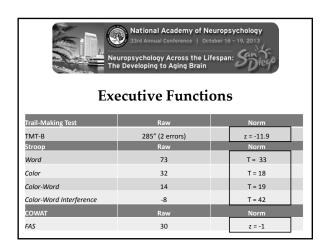
- On time, with wife
- Appropriately dressed, slightly disheveled
- Very slow (gait, motor movements, speech, thought patterns)
- Shuffling gait
- Tremor and dvskinesias
- Verbose and very reflective
- Pleasant
- At times, anxious and concerned with performance
- · Needed assistance/modifications

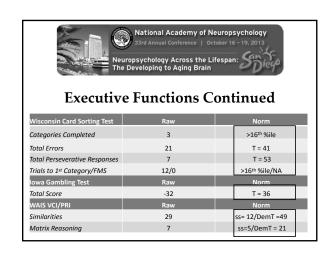


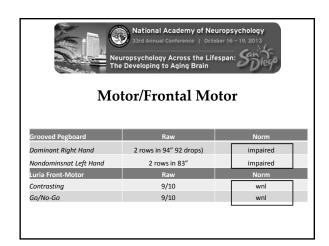


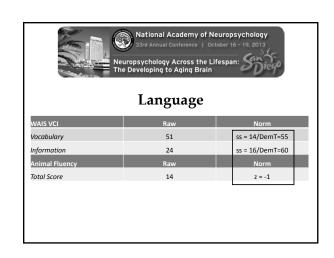


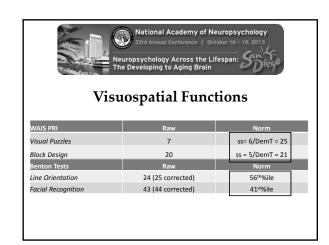


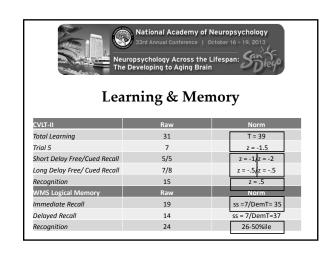


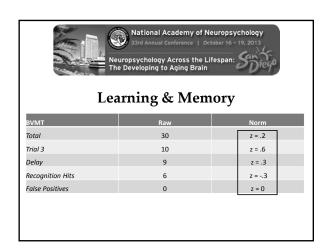


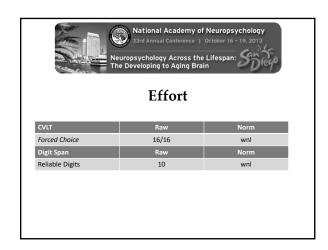


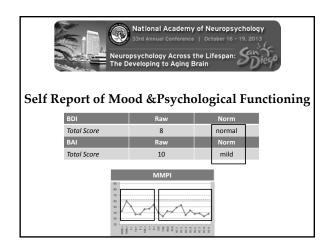
















Summary

- Cognitive decline
- Marked deceases in processing speed and perceptual skills; relative preservation of verbal skills
- Additional weaknesses in attention, cognitive flexibility, judgment, abstract reasoning, motor speed, and visuospatial construction
- Some problems with encoding of verbal information; nonverbal memory was intact



Summary Continued

- Reported symptoms of depression, anxiety, and frustration during the clinical interview
- Denied affective distress on objective measures
- Denied problems with executive control and frontal systems changes
- Wife reported executive dysfunction and overall changes in frontal systems
- May suggest problems with insight



Summary Continued

- Well-educated, high professional achievement
- Obvious decline from baseline, across domains; generally slowing; motor disturbance
- Consistent with other severe cases (Wilson, 1912; Rosseli et al., 1987; & Riley et al., 2001)
- "Subcortical" dysfunction (Wenisch et al., 2013)
- Personality changes (Akil et al., 1990)
- Dx: Major Neurocognitive Disorder due to Wilson's Disease



Summary Continued

- Motor disturbance
- Event when he "passed out" and episodes of "disorientation"



Formulation

- Cognitive, psychological, and motor effects that are unfortunately interfering with his daily life and typical level of functioning
- Meets criteria for Major Neurocognitive Disorder due to Wilson's disease



Recommendations

- 1) Continue treatment plan (medication management, physical therapy, etc.)
- 2) Monitor mood; individual, group, and/or family therapy
- 3) EEG study may be warranted, given increased incidence of epilepsy Medical leave of absence, but stay active
- 4) Repeat NP testing

Discharging Neuropsychological Responsibilities:
Consideration of Epileptiform Abnormalities on
Neuropsychological Findings

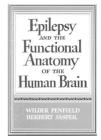
David W. Loring and Daniel L. Drane
Departments of Neurology and Pediatrics
Emory University School of Medicine

National Academy of Neuropsychology November 6, 2015



Preoperative Neuropsychological Evaluation

- Identify area of focal dysfunction associated with seizure focus
- Minimize/predict postoperative cognitive morbidity
- Characterize cognitive morbidity of different interventions or tissue resected



Epilepsy Surgery Candidate

- Right-handed male in late 20s; no history of familial sinistrality
- Epilepsy duration of approximately 2 years
- No established epilepsy risk factors; no family history of seizures
- Complex partial seizures brief lapses of responsiveness, difficulty speaking, difficulty comprehending
- Seizure frequency ranged up to 20+ month, rare secondary generalization

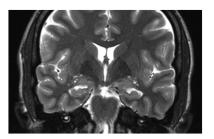
Epilepsy Surgery Candidate

- College education and employed
- History of depression
- History of alcohol and substance abuse predating seizure onset
- Anger management
- Anti-epilepsy drugs (AEDs): levetiracetam (4000 mg) and oxcarbazepine (600 mg)

Epilepsy Surgery Workup

- Interictal EEGs
 - occasional left temporal sharp waves (F7, T3)
- EMU admission
 - 3 seizures recorded; 2 with expressive speech difficulty, 1 with receptive speech difficulty
 - rhythmic theta from left anterior temporal lobe evolving into electrographic seizure

MRI



Verbal Memory

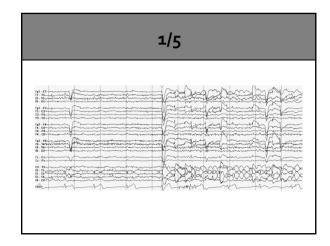
- Rey AVLT
 - Total=40/75, 1st percentile
 - Immediate=6/75, 1st percentile
 - Delay=o/15, <1st percentile
 - Recognition=9/15, 4 FPs, < 1st percentile
- Verbal Paired Associates
 - Immediate=20, 30th percentile
 - Delay=8, 70th percentile

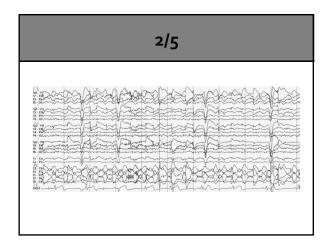
Visual Memory

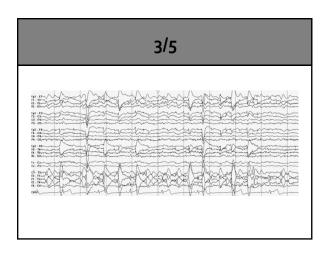
- Visual Reproduction
 - Immediate=13, 95th percentile
 - Delay=2, 1st percentile
 - Recognition=3/4, low average
- Complex Figure (Copy =36/36)
 - Immediate=20.5, 21st percentile
 - Delay=16.5, 4th percentile

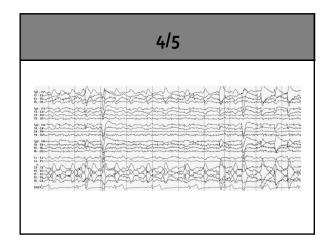
Neuropsychological Test Results

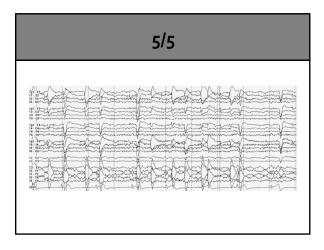
- FSIQ=110 (VCI=114; PRI=105, WMI=122)
 Boston Naming=56/60, wnl
- Oral WMT=87.5, 82.5, 87.5
 - Average of 3 genuine memory trials 50%
 - GMIP Profile
 - Delayed Recall only 20%

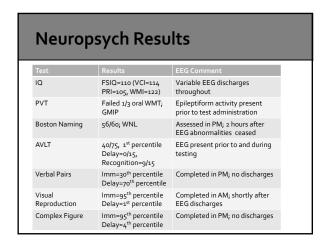


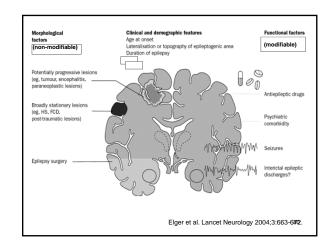












Seizures / EEG Abnormalities

- Long-term
- Postictal
- Interictal dc's
 - transient cognitive impairment



Dali (1916)

Robert Bentley Todd (1809-1860)



- Professor of Anatomy and Physiology at King's College
- Introduced "afferent" and "efferent"
- Localized major lesion of tabes dorsalis
- Wine and brandy copiously prescribed for fevers

Todd's Paralysis

- Post-ictal focal neurologic deficit/weakness
- Neuronal "exhaustion" from seizure
- Resolves within minutes or hours

Postictal Language Assessment

- Inability to accurately read aloud "They heard him speak on the radio last night" within 60 sec after sz end
- Not associated with Frontal onset unless spread to TL
- Paraphasic errors

Postictal vs Non-ictal Memory

(z scores

Pt 1 2 3 4	TLE R R R R	Verbal +0.4 -0.9 -0.9 -2.9	VS -2.1 -1.1 -1.8 -2.9	+2.5 +0.2 +0.9 +0.0
5 6 7 8	L L L	-2.6 -2.4 -0.7 -2.6	-1.5 -2.1 -0.4 +0.2	-1.1 -0.3 -0.3 -2.7

Andrewes et al., Neuropsychologia 1990;28:957-967

Transient Cognitive Impairment (TCI)





Frederic A. Gibbs (1903-

 Relationship of interictal EEG discharges to cognition (masked or larval epilepsy)

Subclinical Discharges and Driving

- 6 pts, frequent DCs;4 sz free 4+ years
- Lateral position effects in 3 and trend in 1
- Mean speed, speed SD impaired in 3 (p=.10)



- Discharge frequency decreased while driving compared to sitting in parking lot
- Temporary increase while waiting at red light

Kasteleijn-Nolst Trenite (1987, 2005).

Material Specificity

- Material Specific Videogame Memory Tasks
 - Corsi Block Tapping Type Task
 - Word Sequencing
- Adaptive level of difficulty
- 11/22 with focal/asymmetric generalized discharges with TCI
- 13/24 with symmetric generalized discharges with TCI

Aarts et al. Brain 1984, 107(1):293-308.

Focal Nature of Impairment

Activity	Corsi Task	Verbal Task
Right sided	4/5	1/5
Symmetrical	12/16	4/16
Left sided	3/12	9/12

Error rates higher when DCs occurred during stimulus compared to DCs during response (no DC effect)

Aarts et a. Brain 1984, 107(1):293-308.

Interictal EEG and short nonconvulsive seizures

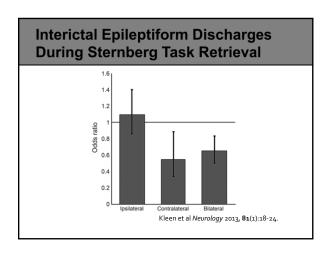
- Short non-convulsive seizures effects ranged from 0.5 to 1.0 SD (8/12 tests)
 - IQ, information processing, memory
- Interictal EEG abnormalities more subtle (3/12 tests)
 - Reading, Arithmetic, memory
- EEG abnormalities >1% worse on 6/12 tests; no effect for >1% but < 10%

Nicolai et al. *Epilepsia* 2012, **53**(6):1051-1059.

Hippocampal EEG abnormalities

- 10 patients with depth electrodes
- Sternberg memory task not "memory" in usual sense
- Hippocampal discharges disrupted maintenance and retrieval, not encoding

Kleen et al Neurology 2013, 81(1):18-24.



Problems for Epilepsy Surgery Neuropsychological Evaluations



- Discharging focus resection may mitigate assessed surgical cognitive morbidity
- "False" baseline → may mask genuine decline or suggest improvement

Van Gogh (1890)