

2018 Community Health Worker Conference

The Power of Relationships Lynnwood Convention Center

	THURSDAY, APRIL 12TH									
7:00-8:00	Registration and Exhibiting, Upper Concourse									
7:45-8:00	Opening Prayer, Marie Zackuse, Room 2DE									
8:00-8:20	Welcome, Marissa Floyd, Room 2DE									
8:20-9:00	Working Breakfast – Community: Going Above and Beyond Yourself, Patria Alguila, Room 2DE									
Track:	Challenging Conversations	Partnering for Success	Client Support Resources	Cultural Diversity	Fostering Healthy Lifestyle	Relaxation & Wellness	Awareness			
9:15-10:15 Session 1	How You Can Play a Role in Suicide Prevention Neetha Mony	Pharmacies as a Community Healthcare Resource Jenny Arnold	Integrating CHW Voice within System Transformation Efforts CHW Collaborative of Pierce County	The Four Dimensions of Cultural Wisdom Roberto Dansie	Oral Health and Social Determinants of Health Joseph Gillick	Building Community Relations through the Power of Dance Melissa Bless	Video Testimonials*			
10:15-10:30	Break and Exhibiting, Room 2DE									
10:45-11:45 Session 2	Harm Reduction: Building Relationships without Expectations Thea Oliphant-Wells	CHW Panel Cheryl Farmer	Immunizations Across the Lifespan and Addressing Vaccine Hesitancy Columba Fernandez, Leigh Wallis	LGBTQ Panel Sandy Quiroga	Wisdom Warriors Becky Bendixen	Yoga + Meditation for Health Alyssa Auvinen	Video Testimonials*			
12:00-1:00	Working Lunch, Keeping Kids at the Top of Their Game – The Well Child Check, Jared Papa, Room 2DE									
1:15-2:15 Session 3	Motivational Interviewing Effectively Engaging in Change Josué Guadarrama	Behavioral Health Peer Services 101 Pattie Marshall, Wanda Johns	Childhood Injury Prevention Kathleen Clary-Cooke	Strengthening American Indian/Alaska Native Through Seven Generation Strategies Jan Olmstead, Pam James, Cindy Gamble	Healthy Aging for Everyone Carolyn Ham, Ana Mihalcea	Strong Bodies: More than Strong Muscles Lisa Stuebing	Video Testimonials* Translator Available			
2:30-3:30 Session 4		YMCA Blood Pressure Self-Monitoring Program Mattie Berry-Evans, Susan Buell	Building Relationship Through Effective Communication Eze-Basil Chinwendu Oluo	Advocacy Ideas: Using Health Equity & Social Determinants Concepts Michael O'Neill	Diabetico (A Day in the Shoes	Tai Ji Quan: Moving for Better Balance Julie Cauthorn	Video Testimonials*			
3:45-4:00	Wrap Up & Further Direction, Lacy Fehrenbach, Room 2DE									
4:00-4:10	Networking and Exhibitor Reception, Welcome, Pama Joyner, Room 2DE									
4:00-6:00	Networking and Exhibitor Reception, Cultural Performance, Room 2DE									



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	FRIDAY, APRIL 13TH									
7:30-8:00	Registration, Upper Concourse									
8:00-8:45	Working Breakfast – Seeds of Hope!, Roberto Dansie, Room 2DE									
Track:	Challenging Conversations	Partnering for Success	Client Support Resources	Cultural Diversity	Fostering Healthy Lifestyle	Relaxation & Wellness	Awareness			
9:00-10:00 Session 5	Using Promotores(as) de Salud to Address Mental Health in Latino Communities Patria Alguila	CHW Panel Giselle Zapata-Garcia, Jesus Reyna	Become a Diabetes Ambassador for Your Community Kelsey Stefanik-Guizlo	"I Will Hold the Stars for You": The Precious Legacies of Self-care by and for Women of Color Michelle Osborne	Family Planning – How, What, Why, Who and Where Dorothy McBride	The Food, Nutrition, Health and Wellness Workshop Series Project Juana Royster	Video Testimonials* Translator Available			
10:15-11:15 Session 6	Taking Care of Your Mental Health (A Review of Immigrant Mental Health) Edgar Lopez	ACHs: Better Health Together and Care Coordination Alison Poulsen	Trauma Informed Approaches to Child, Youth, Family and Community Well- Being Tory Clarke Henderson	Elder and Vulnerable Adult Neglect and Financial Exploitation: What CHWs Need to Know Amanda Froh	It Takes a Village: A CHWs Role in Supporting, Promoting, and Protecting Breastfeeding Michele Lord, Sandra Escalera	Demystifying Eating Disorders Andrea Johnson Adams	Video Testimonials*			
11:30-12:30	Working Lunch - The Power of Advocacy – Representative June Robinson, Room 2DE									
12:45-1:45 Session 7	In Their Shoes: Teens and Dating Violence Kirstin McFarland, Leigh Hofheimer	Faces of Peer Support: A Panel Discussion with Peer Counselors Pattie Marshall	Breaking Barriers – Improving Health Access through CHW's Silvia Kennedy	The History of Promotoras of South Park Monica Duarte, Isabel Quijano Presented in Spanish, English Translation Available	Macho Men Jared Papa	The Role of a Community Health Worker in Managed Care Karen Mandella, Kari Tumbleson, Amanda Turner	Video Testimonials*			
2:00-2:45	Closing Presentation – The Healing Power of Social Support, Josue Guadarrama, Room 2DE									
2:45-3:00	Wrap Up and Thank You, Cheryl Farmer, Room 2DE									

*repeat session