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The 2017 Community Health Worker Conference would not be possible without the hard work of our planning committee and the support of our sponsors.

Thank you!

Planning Committee

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Benton Franklin
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Health District

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of Health

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Healthy
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Coordinated Care

Marissa Floyd
WA Department
of Health

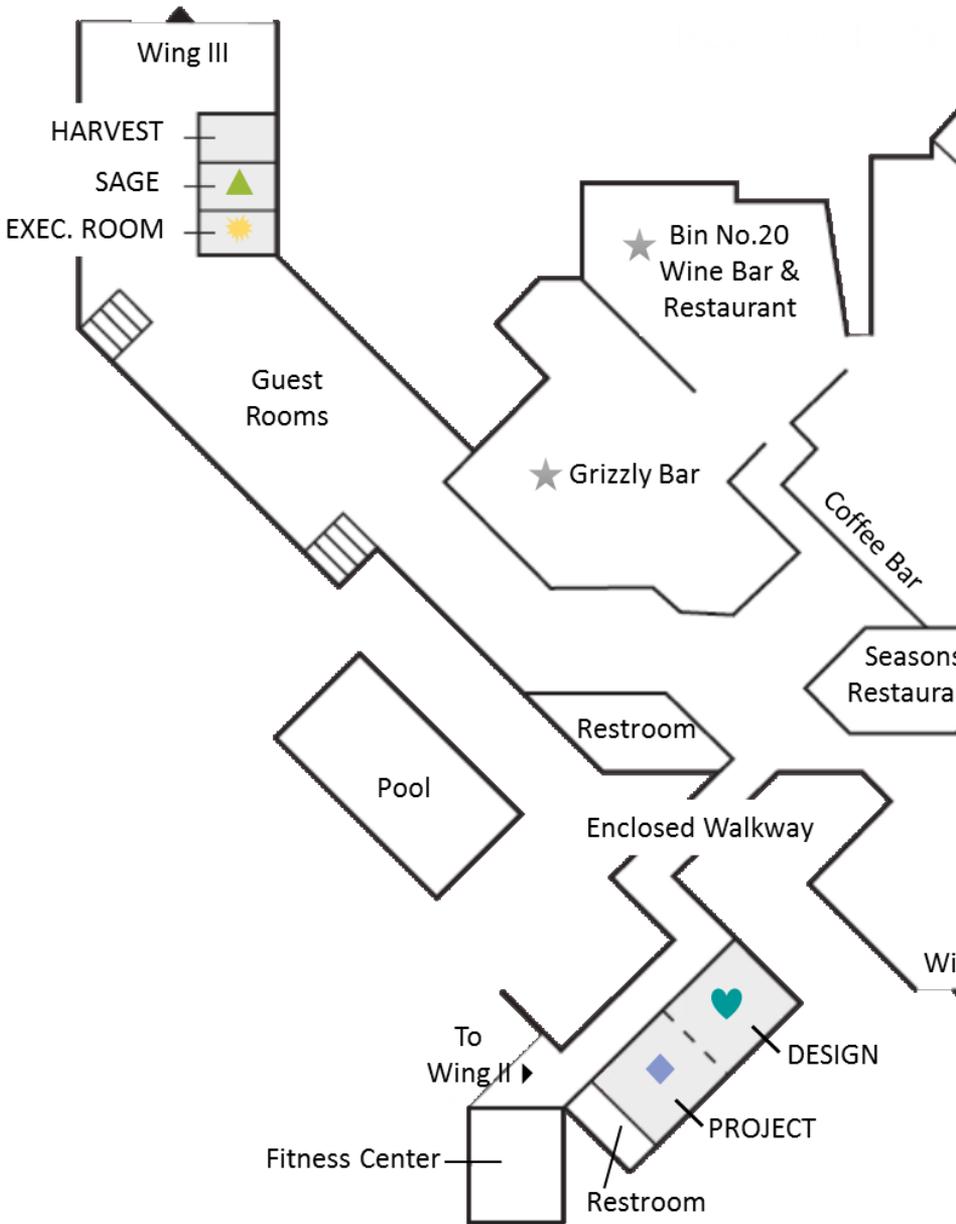
**Ileana Ponce-
Gonzalez**
Migrant Clinician
Network

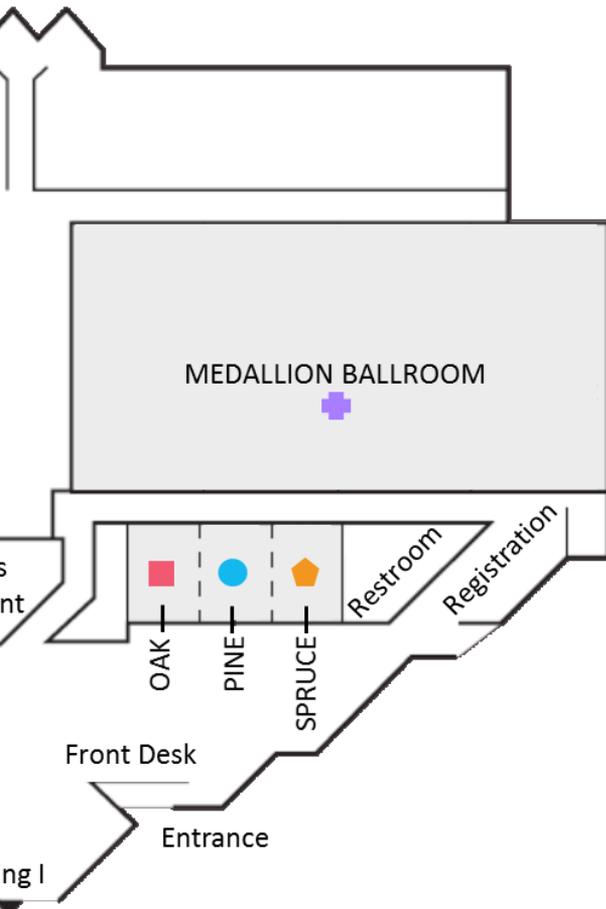
**Mary Angela
Robles**
WA Department
of Health

Sponsors



Hotel Map





★ Restaurants honoring Dinner Voucher

SESSION ROOMS:

- ✚ Main Sessions
- ⬠ Community Mobilization
- Health Education
- ▲ Healthy Living
- Public Health Operations
- ◆ Self-Care
- ♥ Whole Human Health
- ☀ Video Testimonial Room

Lobby Level

Working Lunch: Cultural Dance, TED Talk and CHW Panel						
Session 4						
Community Mobilization	Health Education	Healthy Living	Public Health Operations	Self-Care	Whole Human Health	Awareness
Salishan/Healthy Living Collaborative*	Motivational Interviewing Part 1	First Fruits + Policy, System and Environmental Changes*	HIV/AIDS: Harm Reduction and Linkage to Care*	Trauma Informed Care*	Macho Men - Making Men's Health Macho*	Video Testimonials*
Session 5						
Becoming a Diabetes Ambassador for Your Community	Motivational Interviewing Part 2	Oral Health*	Community Health Assessment and Review Tool*	Yoga + Meditation*	Breast, Cervical and Colon Health Program + Family Planning*	Video Testimonials*
Networking/Activity Break						
Session 6						
Rural Health*	Prediabetes/Diabetes Training*	Washington Information Network (WIN) 211*	Immunizations 101*	Healing Art*	Supporting Breastfeeding Families in your Community*	Video Testimonials*
What's Coming Next? Pathways Care Coordination and the Accountable Communities of Health						
Wrap Up						

*repeat session

Exhibitors

American Cancer Society

**Community Health Worker
Pierce County Collaborative**

American Diabetes Association

Coordinated Care

American Heart Association

**First Fruits Vista Hermosa
Community**

Amerigroup

Molina

Brain Injury Alliance of WA State

Qualis

**Breast, Cervical and Colon Health
Program**

United Health Care

Chaplaincy Health Care

WIN 211

**Community Health Association of
Spokane**

**Yakima Valley Community
College**

**Community Health Plan of
Washington**

**Yakima Valley Regional Health
District**

**Community Health Worker
Training Program**

Self-Care Showcase

Networking/Activity Breaks

Use this time to meet new colleagues, record a video testimonial (Exec. Room), or visit the conference exhibitor tables.

Keynotes

Welcome

Lacy Fehrenbach will open up our third annual Community Health Worker Conference by welcoming everyone to this exciting learning event. She introduces our morning keynote speaker.

Morning Keynote

Patria Alguila will share an exciting and high energy narrative on the passion of a Community Health Worker (CHW) – understanding the impact that we leave in one’s life – is critical to serving the community. This keynote will relay inspiration, examples of CHW stories and lively motivation. Participants will begin the day ready to apply self-care, hope, and how to spread CHW passion.

Lunchtime Keynote

During lunch, *Kalliflorico Dance Company* will perform a special cultural dance. Following the performance, *Ileana Ponce-Gonzalez* will highlight the value of Community Health Workers and how they bridge gaps in their communities. Afterwards, a panel of CHWs will share personal stories and successes of being a CHW. Thank you to the below panel participants!

Rana Amini, *International Community Health Services*

Maria Galvan, *Coordinated Care*

Socorro Garcia, *First Fruits: Vista Hermosa Community*

Kelley Hawkins, *Benton Franklin Health District*

Veronica Kerrigan, *Coordinated Care*

Ophelia Noble, *South Kelso Community Health Advocate*

Luz Romero, *Benton Franklin Health District*

Yvonne Zraggen, *Community Health Association of Spokane*

Closing Keynote

Kathy Burgoyne will share information on a tool available for Washington's Accountable Communities of Health (ACH), the Pathways Community Hub Model. This model effectively integrates outreach and engagement efforts into aligning systems of care using CHWs for better population health outcomes.

Wrap Up

Pama Joyner will close our day by delivering final statements and thanking attendees for coming to the conference.

Session Descriptions

Session 1 (9:10am-9:55am)

Salishan/Healthy Living Collaborative, Salishan, Teresa Lavagnino, Ophelia Noble

The presentation will discuss how the Salishan Community Health Advocates collaborated with local partners to conduct a walkability audit of their neighborhood and conducted focus groups to solicit resident feedback. This data was then taken back to the community to discuss potential solutions and how this resulted in changes in policies and physical structure of the neighborhood. This session will also discuss how neighborhood-based Community Health Workers partner with the Healthy Living Collaborative of Southwest Washington, a regional public health collaborative of over 50 organizational partners. CHWs advocate for policy and systems changes that meet community needs at both state and local levels. We will discuss how CHWs respond to the needs of their communities at the local level advocating with system partners and local officials. We will also discuss how CHWs work proactively on state legislative issues related to health equity.

Brain Injury Alliance, Ashley Minyard

The mission of the BIAWA is to increase public awareness, support, and hope for those affected by brain injury through education, assistance, and advocacy. Brain Injury affects people throughout the lifespan and in comparison with other persons with disabilities, traumatic brain injury (TBI) ranks third in prevalence. The incidence rate for TBI is 506 per every 100,000. This is higher than HIV/AIDS (21 per 100,000), Breast Cancer (68 per 100,000), and even All Cancers combined (463 per 100,000). Despite its high prevalence in our nation, this silent epidemic doesn't get much attention and many clinician and even medical professionals are not much familiar with this hidden disability. It is our goal to provide continued outreach and education to providers so that we may increase knowledge about brain injury, increase the value of services and support available to those who live with brain injury. Our presentations cover a general overview of brain injury, case studies, how service providers can more effectively support those whose lives are affected by brain injury, our organization, and the services provided through BIAWA. Each presentation is modified to meet the specific needs of the audience to whom we present.

Session Descriptions

Session 1 (9:10am-9:55am)

▲ **First Fruits + Policy, System and Environmental Changes,**
Socorro Garcia, Eva Madrigal, Alyssa Auvinen, Janelle Okorogu
This session will have discussion around the Vista Hermosa community and what they have to offer families and individuals. They will also discuss the work of a Health Promoter in their community and what this individual has done to inform our community about all the risks and issues regarding their health. Also in this session, you will hear how Community Health Workers can play a role in changing the environment and policies that affect health outcomes. This session will provide a description and examples of Policy, System, and Environmental (PSE) changes as they relate to healthy eating, physical activity, and breastfeeding. Community Health Workers will learn about resources to help make healthier communities through PSE changes.

■ **HIV/AIDS: Harm Reduction and Linkage to Care,** Karla Banda, Shantel Davis

Community Health Workers are key components to continuing the advancement of harm reduction policies, practices and programs that address the adverse effects of drug use including overdose, HIV, Hepatitis C, addiction, and incarceration. *CHW's and Harm Reduction* will provide an overview of what it means and looks like to serve injection drug users and at risk populations appropriately and effectively. We will be sharing steps and tools that will help to identify appropriate linkages to care and documentation specific to your organization. This session will also address HIV positive populations and how the perception of social stigma and the need to keep their status private can hinder services to these populations. This is an area where CHW's, based on their experience and knowledge, are available to assist clients, their families/caregivers/ support communities, and partner agencies. Participants will hear a brief overview of HIV 101, how CHW services can benefit this population, and how to address privacy concerns.

Session Descriptions

Session 1 (9:10am-9:55am)

Trauma Informed Care, Tory Henderson

This presentation will provide an introduction and overview of the Adverse Childhood Experiences (ACE) Study, other trauma and adversity, how they impact brain development and brain function, and how this supports or gets in the way of health and well-being. Tory will also talk about self-care and trauma informed approaches as key elements in promoting health and well-being for providers and the people they serve.

Macho Men: Making Men's Health Macho, Jared Papa

... Macho Macho Man ... Can you hum the tune to this 1978 song by the Village People? While men can be Macho in many ways, taking care of their own health usually is not one of them. Men that take care of their health can work and provide for their families over the long haul. How can we become “Macho Men” of health? In this course, participants will learn about:

- Recent screening recommendations for men
- Top health risks for men
- Effective assessment and treatment options for these health risks

How to grange men in caring for themselves and topple barriers to optimal health
At the conclusion of this course, participants will leave confident in their ability to motivate men to become “Macho Men” in health.

Video Testimonials

If you are interested in sharing why you love being a Community Health Worker and the impact it's made in your life and in your community, we invite you to participate in the video testimonials session. This is an open time for anyone interested to come and record a short message about your passion for being a CHW or working with CHWs. Your testimonial will be used in our conference video to further share the encouraging stories and successes of our valued CHWs. This video will be available on various Department of Health related webpages.

Session Descriptions

Session 2 (10:05am-10:50am)

Building a CHW Coalition, CHW Collaborative of Pierce Co.

The CHWs from the CHW Collaborative of Pierce County will discuss and demonstrate how they developed their coalition, including lessons learned.

Prediabetes/Diabetes Training, Alexandro Pow Sang

Today we will be doing a summary of the “Understanding Diabetes Management and Prevention” training. We will go over basic information about diabetes and how it impacts our communities in Washington State. Also, we will talk about how Community Health Workers can help connect community members with resources to help prevent or better manage diabetes.

Oral Health, Rita Mykleburg, Edie Higby

Join this presentation to learn more about the importance of oral health and the challenges faced by the Underinsured. The session will highlight the ongoing work of the *DENT* program. Another oral health program, the *Tooth Fairy Project 2016*, will also be highlighted. By partnering with Spokane County Library District to facilitate 27 Tooth Fairy Play & Learn Story Time Events, this project served nearly 600 families, friends and neighbors in the Spokane rural area communities. Come hear how this incredible community outreach program was a HUGE success in educating on oral health literacy.

Session Descriptions

Session 2 (10:05am-10:50am)

Community Health Assessment and Review Tool, Scott Carlson

CHART is a Community Health Assessment and Referral Tool to assist in identifying health risks of community residents. It is a web-based application that provides CHWs, agency staff and health care providers a real-time picture of the health status of their community. CHART allows CHWs the ability to increase linkages to various resources within their communities including WIN211. This session will explore the CHART system and potential value of utilizing this tool in supporting your client's needs. It will also provide an update of the pilot evaluation plan of existing sites that are testing the system.

Healing Art, South Park Promotoras Comunitarias

The South Park Information and Resource Center (SPIARC) is a grassroots community organization that serves South Seattle and South King County. SPIARC serves a diverse and multicultural community. Most services offered are in Spanish and aim to support underserved and low income South Park community members. The South Park Promotoras Comunitarias are integral to SPIARC and are partners in the promotion of social justice.

Breast, Cervical and Colon Health Program + Family Planning, Shauna Muendel, Cynthia Harris

This session will introduce the Breast, Cervical and Colon Health Program, who we are, where we work, and how we can partner with CHWs to promote cancer prevention, screening and early detection. In addition, any relevant updates to cancer screening clinical guidelines will be shared. This session will also touch on family planning and will show how Community Health Workers can help people access reproductive health services and contraception. A new Family Planning Module, being piloted in March, that will help Community Health Workers explain where to go to get services, types of birth control available, and resources for the uninsured will also be introduced in this session.

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Session 2 (10:05am-10:50am)

Video Testimonials*

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Session 3 (11:15am-12:00pm)

Rural Health, Bonnie Burlingham

This presentation will be an overview of the health status of rural residents, which includes common health challenges that rural residents experience. The presentation will also include a map of the rural health clinics and hospitals, and an overview of other resources available in many rural communities.

Brain Injury Alliance*, Ashley Minyard

The mission of the BIAWA is to increase public awareness, support, and hope for those affected by brain injury through education, assistance, and advocacy. Brain Injury affects people throughout the lifespan and in comparison with other persons with disabilities, traumatic brain injury (TBI) ranks third in prevalence. The incidence rate for TBI is 506 per every 100,000. This is higher than HIV/AIDS (21 per 100,000), Breast Cancer (68 per 100,000), and even All Cancers combined (463 per 100,000). Despite its high prevalence in our nation, this silent epidemic doesn't get much attention and many clinician and even medical professionals are not much familiar with this hidden disability. It is our goal to provide continued outreach and education to providers so that we may increase knowledge about brain injury, increase the value of services and support available to those who live with brain injury. Our presentations cover a general overview of brain injury, case studies, how service providers can more effectively support those whose lives are affected by brain injury, our organization, and the services provided through BIAWA. Each presentation is modified to meet the specific needs of the audience to whom we present.

Session Descriptions

Session 3 (11:15am-12:00pm)

Washington Information Network (WIN) 211,

Tim Sullivan, Madelyn Carlson

Attendees will learn how 2-1-1 is an easy-to-remember phone number, similar to 9-1-1, that connects people to a wide range of free health and human services. By simply dialing 2-1-1 or accessing win211.org, anyone in need can be referred to one or more of the 5,100 community organizations providing over 17,000 vital services in the 2-1-1 statewide database. Unlike state agency hotlines or websites, 2-1-1 provides a single point of access to the full range of services for Washington's 7.1 million residents regardless of who provides those services or where in the state they're located. 2-1-1's no wrong door system insures that persons in need get help the first time they call whether it's a food bank, housing assistance, Veteran's resources, senior services, or resources to assist with chronic disease prevention. By the end of the presentation attendees should have a good understanding of how the 211 system works and how they can utilize this resource to coordinate services for their clients.

Immunizations 101, Columba Fernandez, Leigh Wallis

This presentation will cover an overview of basic immunizations, immunizations for adults with chronic health conditions, case studies and discussion around current outbreaks (e.g. mumps, flu).

Yoga + Meditation, Kelli LeRae Piggee', Alyssa Auvinen

Join this session to relax and quiet your mind. You will learn simple yoga poses and how to practice meditation to connect your body and mind. *A limited number of yoga mats will be provided for those participating in this session.*

Session Descriptions

Session 3 (11:15am-12:00pm)

Supporting Breastfeeding Families in Your Community,

Stacy Hackenmueller, Sarah Renteria

This presentation will talk about the benefits of breastfeeding for the health of both moms and babies. In addition to learning about the health benefits of breastfeeding, the presenters will also discuss how you can best support moms in achieving their breastfeeding goals and support your community in becoming more breastfeeding friendly with the goal of improving our communities infant and child health indicators! We look forward to a lively and interactive discussion about what the atmosphere of your communities looks like, how you have interacted with breastfeeding families/moms and what you look forward to in building a supportive environment for all families to achieve their health goals!

Video Testimonials*

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Session Descriptions

Session 4 (1:00pm-1:45pm)

🏠 **Salishan/Healthy Living Collaborative***, Salishan, Teresa Lavagnino, Ophelia Noble

The presentation will discuss how the Salishan Community Health Advocates collaborated with local partners to conduct a walkability audit of their neighborhood and conducted focus groups to solicit resident feedback. This data was then taken back to the community to discuss potential solutions and how this resulted in changes in policies and physical structure of the neighborhood. This session will also discuss how neighborhood-based Community Health Workers partner with the Healthy Living Collaborative of Southwest Washington, a regional public health collaborative of over 50 organizational partners. CHWs advocate for policy and systems changes that meet community needs at both state and local levels. We will discuss how CHWs respond to the needs of their communities at the local level advocating with system partners and local officials. We will also discuss how CHWs work proactively on state legislative issues related to health equity.

● **Motivational Interviewing (Part 1)**, Josué Guadarrama

Motivational Interviewing (MI) is a directive, client-centered counseling and or communication style for eliciting behavior change by helping individuals to explore and resolve ambivalence, while minimizing resistance and maximizing intrinsic motivation. Compared with nondirective counseling, MI is more value focused and goal-directed. Based on the physics of behavior change, participants will learn assessment and communication skills that foster sustained behavior change by tapping to intrinsic motivation. Aside from a didactic approach, there will be video examples, and skill practice. Audience participation is highly encouraged. *This discussion will be continued in Session 5: "Motivational Interviewing (Part 2)."*

Session Descriptions

Session 4 (1:00pm-1:45pm)

▲ **First Fruits + Policy, System and Environmental Changes***,

Socorro Garcia, Eva Madrigal, Alyssa Auvinen, Janelle Okorogu

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Session Descriptions

Session 5 (1:55pm-2:40pm)

🏠 **Becoming a Diabetes Ambassador for Your Community,** Kelsey Stefanik-Guizlo

Diabetes is a common and serious disease in Washington State, affecting 627,000 people. Another 2 million people have pre-diabetes, putting them at increased risk for developing type 2 diabetes in the future. During this session, learn how you can serve as a voice for people with diabetes in your community by becoming an American Diabetes Association (ADA) Ambassador. ADA Ambassadors serve as a bridge between their communities and the American Diabetes Association, connecting their clients with ADA resources and telling the ADA what additional resources are needed. The ADA will also equip you with resources to teach your clients, neighbors, and partner organizations about diabetes and ways to prevent and manage the disease.

🟦 **Motivational Interviewing (Part 2),** Josué Guadarrama

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Session Descriptions

Session 6 (2:50pm-3:30pm)

Rural Health*, Bonnie Burlingham

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Prediabetes/Diabetes Training*, Alexandro Pow Sang

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Immunizations 101*, Columba Fernandez, Leigh Wallis

Presentation to cover an overview of basic immunizations, immunizations for adults with chronic health conditions, case studies and discussion around current outbreaks (e.g. mumps, flu).

Session Descriptions

Session 6 (2:50pm-3:30pm)

Healing Art*, South Park Promotoras Comunitarias

The South Park Information and Resource Center (SPIARC) is a grassroots community organization that serves South Seattle and South King County. SPIARC serves a diverse and multicultural community. Most services offered are in Spanish and aim to support underserved and low income South Park community members. The South Park Promotoras Comunitarias are integral to SPIARC and are partners in the promotion of social justice.

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Stacy Hackenmueller/Sarah Renteria

This presentation will talk about the benefits of breastfeeding for the health of both moms and babies. In addition to learning about the health benefits of breastfeeding, the presenters will also discuss how you can best support moms in achieving their breastfeeding goals and support your community in becoming more breastfeeding friendly with the goal of improving our communities infant and child health indicators! We look forward to a lively and interactive discussion about what the atmosphere of your communities looks like, how you have interacted with breastfeeding families/moms, and what you look forward to in building a supportive environment for all families to achieve their health goals!

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Speakers



Patria Alguila is the Program Coordinator for MHP Salud. She provides capacity building and technical assistance to Migrant and Community Health Centers and others developing Promotora Programs. Ms. Alguila trains Promotores/as and front office staff on core competencies such as scope of work, popular education, and service coordination. Part of the capacity building includes presenting on the CHW Landscape. Prior to working with MHP Salud, Ms. Alguila was a Lead Community Health Worker where she and her team of 4 CHWs provided one-on-one health risk assessment and education regarding chronic diseases, nutrition, and exercise. Ms. Alguila has also worked as an HIV counselor where she provided community outreach, HIV/AIDS education, and HIV testing. She currently serves as a Board Member of the Florida Community Health Worker Coalition. Ms. Alguila has her BA in Organizational Communications with a minor in Sociology from University of Central Florida.



Alyssa Auvinen is the Healthy Eating Coordinator at WA State Department of Health (DOH), where she works on healthy food access projects. Prior to DOH, Alyssa was a CDC Public Health Associate at the county health department in Billings, Montana where she worked with primary care providers from the region's two largest hospitals and federally qualified health center to implement the Healthy Weight Collaborative—an initiative that tested and evaluated evidence-based interventions and promising practices to prevent and treat obesity at the community level. Alyssa also started a farmers market connected to the community health center to serve low-income families and individuals. Outside of her DOH job, she enjoys digging in the dirt and growing vegetables. Alyssa received her undergraduate degree in Public Health from the University of Washington.



Karla Banda has been a longtime community advocate who has dedicated 20 years working in the Las Vegas, NV community to eliminate health disparities among Latinos and other marginalized populations. Karla is the Care Coalition Community Health Worker Program Manager. She currently serves as an executive board member on the Nevada Community Health

Worker Association and the Southern Nevada HIV AIDS Awareness Consortium. She lives in Las Vegas, NV with her husband of twenty-five years, two collage age daughters and two fur babies. She crafts and paints in her spare time.

Speakers



Kathy Burgoyne leads the Foundation for Healthy Generation's efforts to create enduring health equity by collaborating with key organizations to provide innovative and effective health and prevention programs for people most affected by health inequities. Kathy focuses on the development of policies and programs that support Community Health

Workers and other peer support programs. She has worked in multiple systems, both as a practitioner and as a researcher, to promote the well-being of vulnerable children, youth, and their families. She focuses on establishing and maintaining strategic partnerships with schools, housing, social services, parents, philanthropists, government, and researchers to promote the health, education, and self-sufficiency of low-income families, multi-ethnic communities. Kathy has a PhD in educational policy and leadership from the University of Washington.



Bonnie Burlingham is a program manager for the State Office of Rural Health, which is part of the Department of Health. She manages grant funds that help rural communities access healthcare services. She also works with the Rural Health Clinics and other rural primary care entities to connect them with local and state resources and to provide information about

federal programs and grant funds available.



Madelyn Carlson is the CEO for People For People (PFP). Established in 1965, People For People is a non-profit agency that provides resources and opportunities that empower people to lead self-sufficient and enriched lives. People For People's service region includes twenty eastern Washington counties with Administration offices in Yakima, Washington. Madelyn has

thirty years in nonprofit administration, financial oversight, and contract compliance with a focus on improving lives and strengthening communities. For the past ten years as People For People's CEO, Madelyn is responsible for administering \$15 million in annual federal and state revenues.

Speakers



Scott Carlson serves as the Community Health Training System Program Manager for the Washington State Department of Health's Office of Healthy Communities based in Tumwater, WA. He oversees a training program that was established in 2012 in preparation and support of health care reform. He is responsible for program-level strategic planning in the evolving

health care environment, providing oversight for all training activities including the development and maintenance of the training curriculum, supervision of staff providing training, and management of contracts and other program resources. The Department of Health's CHW training program is offered quarterly across the state and is one of the largest CHW training programs in the country with over 1200 participants successfully completing since 2012. Prior to this role, Scott managed the Department of Health's WAserv system, which allowed medical volunteers to register in advance for supporting disaster response activities in local communities. He has also managed several AmeriCorps projects that focused on literacy, the environment, public safety and disaster preparedness as well as employment and job retraining programs for dislocated workers.



Community Health Worker Collaborative of Pierce County

These CHW's live and work throughout Pierce County and are members of the CHW Collaborative. These CHWs are working together to raise community voice, advocate for our CHW workforce as having a critical role in health

reform systems change and community advocacy.



Shantel Davis is a Community Health Worker and Operations Manager with Point Defiance Aids Projects in Tacoma, WA. She also has the honor of being one of two Co-Chairs for the Community Health Worker Collaborative of Pierce County. "I do not feel as if I work for an agency, instead I feel I fight for a

movement. A movement dedicated to increased access and social justice for marginalized, and often rejected at risk populations. Having access to quality health care and social services is a human right, and human rights apply to everyone."

Speakers



Lacy Fehrenbach directs the Office of Healthy Communities in the Washington State Department of Health where she works with local health jurisdictions, tribes, and community-based organizations to make the healthy choice the easy choice with a focus on health equity. Prior to the Department of Health, Lacy served as the Director of Programs at the Association of Maternal and Child Health Programs, where she worked to improve the health and wellbeing of women, children, families, and communities. She also served as Chief of Member Services at the Association of State and Territorial Health Officials (ASTHO) where she directed an executive education program that helped newly appointed health officials become effective administrators, policymakers, and advocates for public health. She also led ASTHO's advocacy and implementation efforts related to the Affordable Care Act. Lacy earned a Master in Public Health with a concentration in maternal and child health from the George Washington University and is certified in public health.



Columba Fernandez works for the Washington State Department of Health Office of Immunization and Child Profile as a Health Educator. In 2005, Mrs. Fernandez earned a BA degree from Portland State University with a triple major in Organismal Biology, Science, and Arts and Letters. Part of her responsibilities is to educate the general public, providers, and other partners about the Child Profile Health Promotion System and the importance of immunizations. She is bilingual (English/Spanish), a skill that she uses every day at work to create and revise web content and immunization materials for the public, providers, and partners. She leads the Spanish translation work for her office.



Socorro Garcia is from Ciudad Guzman Jalisco, Mexico, is married, and has 3 children. Socorro has lived and worked in Vista Hermosa Community for 22 years. She works as Promotora de Salud. She is passionate about the work because she knows the strengths and weaknesses of the community and the challenges they face. She also knows that her work can bridge her community to strong healthy lives. Socorro's vision is to provide health education for all, trainings to empower others, and engage residents in healthy lifestyles. She connects them to resources within the community. She encourages and promotes healthy habits in the workplace by providing wellness programs to cultivate a strong culture of healthy families of the Vista Hermosa Community.

Speakers



Josué Guadarrama is a Counseling Psychology doctoral student at Washington State University. He is currently an APA intern therapist at Marin Health & Recovery Services. He is a former university instructor and academic coach for reinstatement students at WSU. Josué holds diverse clinical experience in a variety of university counseling centers including, Washington State University, the University of Idaho, and Gonzaga University. His theoretical orientation is integrative and includes an interpersonal approach to Cognitive and Acceptance and Commitment Therapies through a multicultural framework to increase valued-living. As a bilingual and bi-cultural researcher, Josué examines the educational and health disparities between Latina/os and European Americans to minimize educational and health gaps. Josué enjoys traveling, spending time with friends, and helping others live to their full potential.



Stacy Hackenmueller has a Master's of Science in Clinical Nutrition and is a Registered Dietitian at the Yakima Valley Farm Workers Clinic. She has lived and worked in the Yakima Valley for 5 years. At YVFWC, she works within community nutrition and breastfeeding for the organization's WIC program, supporting clinic and breastfeeding peer counselors throughout the Yakima Valley and helping clinics promote breastfeeding.



Cynthia Harris is the Family Planning Program Manager at the Washington State Department of Health, the Title X grantee for Washington State. She has worked in public health related services for 37 years. Twenty nine of these years have been in field of family planning and sexual health services – 7 years at a local reproductive health clinic and 22 years at the state level. She is also the Chair of the national organization of State Family Planning Administrators.

Speakers



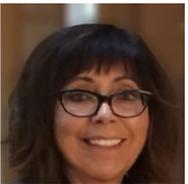
Tory Henderson is the Adverse Childhood Experiences (ACEs) Consultant for the Washington State Department of Health. She connects people, ideas, and resources to increase the capacity of communities to prevent and mitigate ACEs and promote resilience and nurturing relationships. This includes promoting the use of trauma informed approaches to addressing

ACEs and other adversity across child and family serving systems, including early learning, schools, primary care and law enforcement. Tory participates in several state level groups, with other state agencies and partners, including Essentials for Childhood Community & Stakeholder Education & Action Workgroup, ACEs Public-Private Initiative (APPI) Leadership Team, Department of Social and Health Services (DSHS) Behavioral Health Advisory Council, and the Department of Corrections Community Parenting Alternative Screening Committee.



Edie Higby is an Early Achievers Training Specialist for Community-Minded Enterprises, Eastern Washington's Child Care Aware, and owner of The "Tooth Fairy Company". She is a DEL State Approved Professional Development Trainer, Oral Health Community Health Specialist, and Certified Social Media Marketer. Edie is also the creator and Project Manager for the

"Tooth Fairy Project," facilitating Tooth Fairy Play & Learn Library Events in rural areas of Spokane. Edie writes about her Tooth Fairy adventures to educate about the importance of oral hygiene and going to the dentist in a fun way. She created an educational tool called the "Dental Care Passport," similar to an immunization record, and is founder of "The Tooth Fairy Program" that has provided educational and outreach services on oral health literacy to hundreds of low income families.



Pama Joyner is the Director of the Office of Healthy Communities. The Office works with local health jurisdictions, tribes, and community based organizations to make the healthy choice the easy choice, and works to prevent disease and promote health by implementing policies, systems, and environmental changes. Pama has been with the Department of

Health for 18 years and has a strong dedication to public health. She started her career in public service as a program manager for the state's Early Childhood Education and Assistance Program and has since served in various roles on the board of the National Association Chronic Disease Directors, covering issues such as health reform, public health leadership, and evidence based-public health.

Speakers



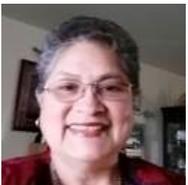
Teresa Lavagnino is the CHW Coordinator for the Healthy Living Collaborative of Southwest Washington (HLC), supporting CHWs across 3 counties. Teresa is dedicated to supporting community-driven strategies to improve health equity and is proud and inspired to be a part of the HLC CHW's work to improve policies and systems and the health of individuals,

families, and communities. Ms. Lavagnino has over 11 years of experience working with Community Health Workers, most recently with immigrant and refugee communities in Portland, OR where she coordinated culturally specific Community Health Worker and healthcare navigation programming. Teresa developed her passion for working with CHWs as a health promotion volunteer with the US Peace Corps from 2003 to 2005 in the Kingdom of Swaziland.



Kelli LeRae Piggee' is the proud owner of 3D-Fitness and has had the privilege of being in the fitness industry for over 20 years. She is also one of three business partners of Renegade Rage, a mud run obstacle course event. It's Kelli's passion to see people transform their lives in mind, body and soul. She has a broad background in Fitness and Dance and has competed in

Fitness, Figure and Bodybuilding. She currently teaches Yoga, performs Personal Training, Group Fitness Training classes, Pilates, Boxing and nutrition counseling. For recreation, she loves to hike, snow ski, jet ski, dance, obstacle course race, read and be with family and friends. She's married and has a stepdaughter, son-in-law and three beautiful grandchildren.



Eva Madrigal is Director of Snake River Housing, and affordable housing organization and an affiliate organization of Broetje Orchards – an apple growing organization that pursues a socially responsible agenda. Over her career, Eva has served in multiple capacities at the orchard, including packing line, Preschool Intake Specialist, Receptionist for Broetje Orchards,

Assistant Community Programming Director and her current role where she manages the community of Vista Hermosa, a year round housing community. She is both landlord and counselor, assisting families during their good and bad moments. Furthermore, Eva serves on the Prescott School District Board where she advocates for the parents and children in her community. She is most proud of her 4 oldest children who have since graduated from college.

Speakers



Ashley Minyard is the Central Washington Resource Manager for the Brain Injury Alliance of Washington. In her current role she provides Adult & Pediatric Resource Management for individuals living with brain injury and their supports, provides free education throughout the region, facilitates support groups, and works on special projects to spread awareness in our community. Additionally, she has spent the last fifteen years providing in-home support, resources and case management to rural populations across Washington State. Ashley Minyard graduated from Central Washington University with her Bachelors of Science in Social Science and Bachelors of Arts in Family Consumer Sciences and is currently enrolled at Arizona State University, where she will receive her Graduate Degree in Family and Human Development.



Shauna Muendel is the Nurse Consultant and Data Manager for the Washington State Department of Health's Breast, Cervical, and Colon Health Program (BCCHP). BCCHP provides free breast, cervical, and colon cancer screening services to eligible people in Washington State. The program is administered through grants from the Centers for Disease Control and Prevention, state funding, and Susan G. Komen. BCCHP contracts with six regional organizations who operate the program within their region. In her role, Shauna is responsible for overseeing and monitoring quality assurance, case management, and professional development. She reviews and revises clinical policies and procedures including clinical algorithms and fee schedules. Shauna received her Bachelor of Science in Nursing from the University of Washington and her Master of Public Administration from The Evergreen State College.



Rita Mykleburg is the Community Care Coordinator for Better Health Together. Born and raised in the unforgiving Canadian North, Rita now lives in Spokane and joined Better Health Together in January 2015. She is a veteran certified surgical dental assistant and business administrator who enjoys outdoor activities. She is very passionate about our community and helping people achieve better oral Health.

Speakers



Ophelia Noble began working as a South Kelso CHW in November of 2015 after moving from Vancouver, WA to Kelso, WA in 2014. Ophelia has worked diligently to broaden the local public health conversations to include equity and social justice. She served on the Healthy Living Collaborative (HLC) Steering Committee, for 9 months, bringing an "equity

lens" to the teams conversation. In 2016, she became the HLC's South Kelso CHW Coach and began broadening the team's reach to support the needs of South Kelso's communities of color, youth, homeless, and other marginalized groups in an effort to raise unheard voices and improve health equity.



Janelle Okorogu received her B.S. from Oakwood University in Huntsville, Alabama, her M.S. in Microbiology from Alabama A&M University and her MPH from the University of Alabama at Birmingham. Janelle is currently the program director at the Center for MultiCultural Health in Seattle, Washington where she has been for 9 yrs. Janelle passionately

works on implementing strategies aimed at reducing health related disparities in the African and African American community. Janelle coauthored Fight the Power of Tobacco Cessation Toolkit and the Soul Food Resource Guide to assist the community in making policy system and environmental changes.



Jared Papa is a clinical assistant professor and service learning coordinator for the Idaho State University Physician Assistant (PA) Program. He is also a clinically practicing PA with the Family Medicine Residency of Idaho, and Treasure Valley Pediatrics Clinic in Oregon. Prior to this, he was a full time PA with the Quincy Community Health Center in Washington. He

earned a Masters of Physician Assistant Studies program from Pacific University in Oregon. Jared has served humanitarian missions in Perú, Belize and the Dominican Republic. In honor of his service he has received many awards, including the Idaho Academy of Physician Assistants Humanitarian of the Year (2014) and the Idaho Academy of Physician Assistants PA of the Year (2016). Jared currently serves as a board member for the Idaho Department of Health and Welfare Rural Health Care Access and Physician Incentive Program. When not traveling abroad, Jared enjoys coaching his four sons in all things sports. Together he and his angelic wife Holly adore watching their sons in their efforts to be Macho Muchachos.

Speakers



Ileana Ponce-Gonzalez is the Senior Advisor for Community Outreach for Group Health Research Institute where she integrates cultural competences and inclusion of underserved populations to promote Diabetes Self-Management for adults with Type 2 Diabetes in Yakima, Spokane, and Tri-cities. Ileana is also the Executive Director and founder of the

Community Health Worker Coalition for Migrants and Refugees (CHWCMR). With more than 14 years of experience in developing healthcare programs and outreach initiatives for underserved communities, Ileana has expertise in academic, clinical and public health administration, health disparities, health literacy, and human rights advocacy. She is fluent in Spanish and English and has worked with government public health systems in Nicaragua, Chile, and the United States. Ileana trained health promotores at the Ventanillas de Salud in Embassy of Mexico in DC to promote AHRQ Spanish Health Guidelines. She worked as a Scientific Review Officer for at the National Institute of Allergy and Infectious Diseases. In 2011, she was a Federal Representative of the National Promotores Initiative.



Alejandro Pow Sang is the Diabetes Specialist Lead with the Heart Disease, Stroke, and Diabetes Prevention Program at the Washington State Department of Health. He is a very passionate individual that has been supporting work around community education since early 2008. His work has mainly focused on diabetes management and prevention.



Sarah Renteria is a Certified Lactation Educator at the Yakima Valley Farm Workers Clinic. She has worked in lactation for 3 years. She works within the community supporting all mothers in their breastfeeding needs. She offers evidence-based support and caring for their families.

Speakers



Salishan Community Health Advocates (CHAs)

are ordinary people who are trusted by their friends and neighbors, empowered by education and training. By improving their own health habits and using their natural influence in supporting their community in

making positive changes toward better health outcomes, they create visible impact. They also energize their neighbors to raise their voice to change systems or policies that negatively impact their health.



South Park Promotoras Comunitarias

Gladis Clemente has been a member of South Park Promotoras Comunitarias in Seattle since 2014. She was born in Acapulco, Guerrero, and came to the US in 2007. Gladis joined the South Park Promotoras Comunitarias, because she cares about the welfare and vibrancy of her

neighborhood. Her passions are issues of health, education, housing, environment and she sees all these issues through a socio-cultural and ethnic justice lens.

Monica Duarte immigrated from Mexico to the US in 1981. In 1983, she made Seattle her home. She is proud to work hard and cleans homes for a living. But her passion for community work occupies much of her time. As a volunteer and South Park Promotora Comunitaria, she is dedicated to sharing important resources and information with others who may be in need for support. Her identity as woman, mother, and immigrant helps Monica understand her role as a community volunteer who is passionate about equality for all.

Isabel Quijano was born in El Salvador, in the city of Tonacatepeque. She is proud to be from the land of “Jicameros,” and proud to call herself a “Jicamera.” Isabel began as a Promotora Comunitaria in the late 1990’s, at the end of El Salvador’s civil war, when her country entered into the peace process. Today, Isabel is an active Promotora Comunitaria in South Park, and has participated in planning and implementing multiple community-based projects. Her latest accomplishment was to successfully write for a grant to fund Dia de la Familia/ Family Day and Fiestas Patrias: Civic Engagement and Organizing.

Speakers



Kelsey Stefanik-Guizlo is the Manager of Community Health Strategies at the American Diabetes Association (ADA) in Washington State. In this role, she manages programs such as ADA Camp Sealth, Safe at School, and Type 2 and You. She also serves as the primary link between the ADA and its community and health care partners. She has a Masters in Public Health

from the University of Washington and a BA in Political Science from American University.



Tim Sullivan began his career in 1992 working for the Yakima County Gang Prevention Intervention Coalition. In 1995, he became the Community Investment Director for United Way of Central Washington, where he worked for 15 years. While at United Way, Tim implemented program outcome evaluation, coordinated both the Compass 2001 and State of Caring Index

community assessment and indicator projects, helped establish the Yakima County Asset Building Coalition and assisted in implementing and supporting 211 services in Central Washington region. In 2004, Tim helped establish the Homeless Network of Yakima County, a coalition that developed and implemented Yakima County's 10 Year Plan to End Homelessness. In 2006, Tim worked with the Yakima County Department of Human Services to develop the County's first Homeless and Housing Programs. Tim is now the Statewide Manager for Washington Information Network 211, the lead organization that administers the 2-1-1 information and referral system for the State of Washington.



Leigh Wallis works for the Washington State Department of Health in the Office of Immunization and Child Profile as an Adult Health Educator. She graduated with a Master's degree in Public Health in 2013 from George Mason University. Leigh earned her Bachelor's degree in Health Assessment and Promotion from James Madison University. Her focus and passion is global and

community health. Leigh did public health work in Kenya in 2011 and in Liberia in 2013. In Liberia, she worked with Community Health Workers to re-develop and field test the health curriculum manual being used in over 56 communities. Before moving to Washington in 2016, she lived and worked on the east coast for the Virginia Department of Health at the local level, first as a Public Health Outreach Worker and then as a Health Educator.

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