





2018 Joint Annual Conference

Preliminary Program



California Child Care Resource & Referral





1182 Market Street, Suite 300, San Francisco, CA 94102 P: 415.882.0234 • F: 415.882.6233 • www.rrnetwork.org 1451 River Park Drive, Suite 185, Sacramento, CA, 95815 P: 916.567.6797 • F: 916.567.6790 • www.cappaonline.com

2018 Joint Conference of the California Child Care Resource & Referral Network and the California Alternative Payment Program Association

Dates and Location

The conference will be held from Wednesday, October 17 through Friday, October 19 at the DoubleTree by Hilton Hotel, 2001 Point West Way, Sacramento, CA.

Hotel Registration Information

The room block at the DoubleTree is currently sold out. To make reservations at an overflow hotel, please contact Danielle Metzger, CAPPA at 916-567-6797 or danielle@cappaonline.com.

Conference Registration

Registration fees include all conference materials, dinner on Wednesday evening, breakfast and lunch on Thursday and brunch on Friday.

Register 5 or More Staff and Save!

If you are a Network or CAPPA member and you register 5 or more of your staff, you will receive a \$46 discount off each registration.

Registration Fees - prices below are per person.

| Members: | Non-Members: |
|----------------------------------|---------------------|
| \$359 for 5+ staff (check) | \$525 (check) |
| \$372 for 5+ staff (credit card) | \$542 (credit card) |
| \$405 (check) | |
| \$418 (credit card) | |

Register for the conference online using this link: http://www.rsvpbook.com/JointAC2018

Conference fees may be paid by check or credit card. Make checks payable to: CAPPA. Mail checks to: 2018 Joint Annual Conference, CAPPA 1451 River Park Drive, #185, Sacramento, CA 95815. **Please Register Online by Friday, September 28, 2018.**

Cancellation Policy

There will be no refunds issued for cancellations. Refunds will not be made for no-shows and unpaid registration fees will be invoiced. However, substitutions will be allowed. This includes presenters. Should CAPPA & The Network cancel, a full registration fee refund will be issued.

Program

The California Child Care Resource & Referral Network (Network) and the California Alternative Payment Program Association (CAPPA) have joined together to plan, develop and deliver the Joint 2018 Annual Conference.

This conference provides a unique opportunity for staff to come together to discuss and share common issues, successes and challenges as well as time for each of us to get to know our colleagues and renew friendships. This conference is different from the variety of meetings and conferences related to our work, for this conference is by, for, and about the work we do in R&R and AP.

This year's Annual Conference includes a variety of stimulating workshops to meet the needs of staff working with parents; staff working with as well as providing training and technical assistance to child care providers; program staffsupervisors; managers and executives.

A special focus of our conference this year, with the recent implementation of the Bridge Program, is on trauma informed practices. Both keynote presentations and a number of workshops, including a strand of workshop sessions, will provide information on and insights into this area of our work.

Schedule of Activities

Wednesday, October 17th

12:00pm - Registration 1:30pm - 3:00pm – Workshops 3:00pm – 3:30pm – Break 3:30pm – 5:00pm – Workshops 5:00pm – 6:00pm - Welcome Reception (optional) 6:00pm – 7:00pm - Welcome Dinner and Pre-Sale Raffle Drawing

Thursday, October 18th

8:00am - Breakfast 8:30am -9:45am - Keynote Session 10:00am - 12:00 noon - Workshops 12:00 noon - 1:15pm - Lunch & Vendors 12:00 noon - 5:00pm - Exhibit Hall Open 1:30pm -5:00pm - Workshops 3:30pm - 5:00pm - CAPPA Member Meeting 5:00pm - Dinner and Evening On Your Own 7:00pm - Socials (optional) 8:00 - 10:00pm - Disco Music, Fun & Prizes with Kaplan (optional)

Friday, October 19th

8:00am - Coffee and Light Morning Refreshments 8:00am - Noon - Exhibit Hall Open 8:00am -10:30am - Annual Network Member Mtg 8:45am -10:15am - Workshops 10:30am-12:00pm - Brunch and Closing Keynote

Networking Opportunities

Join colleagues from around the state on Wednesday, October 17th at 6:00pm for our Welcome Dinner.

Thursday night will be an opportunity for agency staff to spend time together or for staff from a variety of agencies to renew friendships and/or get to know each. This year, Kaplan is hosting a Disco-themed, optional, music & dance activity from 8:00 – 10:00 p.m. at the hotel – prizes included! Or, individuals and/or groups can create their own evening plans by heading out into Sacramento to experience what it has to offer.

Ideas include: <u>Old Sacramento.</u> The unique 28acre National Historic Landmark District and State Historic Park is located along the beautiful Sacramento River. Bustling with activity, the District is alive with shopping, dining, entertainment, historical attractions and worldrenowned museums set within the time of the

Networking Opportunities (continued)

California Gold Rush and the Transcontinental Railroad.

<u>Arden Fair Mall</u> is within walking distance and is home to the restaurants Johnny Rockets, BJ's Restaurant and Brewhouse, Dos Coyotes Border Café, and Seasons 52; The Cheesecake Factory, movie theaters; and department stores including JCPenney, Macy's, Nordstrom and Sears.

Raffle Fundraisers

With the help of our 2018 Conference Planning Committee members, there will be 3 separate raffles to be held over the course of this year's conference.

Agency Pre-Sale Raffle - With the generous support of R&R and AP staff last year, the Joint Network/CAPPA conference held a very successful raffle pre-selling tickets prior to the conference. Together we raised over \$10,000. Our goal is to top that figure this year.

The drawing of the Agency Pre-Sale Raffle tickets (Agency Raffle) will occur on Wednesday evening during the Welcome Dinner. All sold tickets must be turned in by 6:00 pm on Wednesday evening in order to be entered. To make this drawing a success, we request the participation of all the agencies that are either members of the Network or members of CAPPA, or members of both organizations.

The theme for the Agency raffle this year is *Navigate the State*. We encourage agencies to contribute items that are easily packed into a suitcase - a gift (i.e. a camera), or gift cards (usable no matter where the person lives – i.e. Target, VISA, etc.). If you're donating a gift card, use your creativity and imagination to provide minimally a \$25.00 gift card. The committee is encouraging larger agencies to donate a total of \$100 in gift cards, mid-size agencies \$50 and smaller agencies \$25. The grand prize this year is gift cards and/or prizes valued at \$1,000.

Part of the fun of the raffle is to view the raffle displays member agencies create each year. Please create an engaging raffle prize display. We'd like the displays this year to be no larger than $12'' \times 12'' \times 12''$. Last year there were some very creative displays that housed the donated gift cards or raffle prize(s). The committee wants

Raffle Fundraisers (continued)

to continue to acknowledge the displays by giving out awards for how the raffle prizes are displayed. Award categories for the displays include: Most Creative, Most Californian, Most Colorful, Most Original, Most Efficient/Effective Use of the 12 x 12 x 12 Display Format, and Best of Conference – Navigate the State. Be creative with your display/ packaging of your prize(s) and make sure your agency's name appears somewhere on the outside of the display. When selecting a gift or creating a gift basket to contribute to the raffle, please remember that some winners will need to transport the item(s) on a plane; therefore, we're asking that all prizes are able to fit in a suitcase, be appropriate for air travel, and that displays or prize packaging be no bigger than 12" x 12" x 12". Thank you!

Conferee Pick-Your-Prize Raffle - The Conferee Pick-Your-Prize Raffle will include a number of prizes that conference attendees could win. Tickets for the Pick-Your-Prize Raffle will only be available for purchase at the conference and we will begin selling these tickets on Thursday, October 18th. Once tickets are purchased, conferees drop their tickets in the container placed in front of the prize(s) they'd like to win. The drawing for this raffle will be Friday morning at Brunch.

Vendor Raffle – Taking into consideration the feedback we've received on the vendor raffle, this year there will not be a vendor passport raffle. Instead, individual vendors are encouraged to raffle off a prize or service but each vendor will be responsible for collecting their own tickets and drawing the prize winner(s). The drawing of the vendor prizes will occur on Friday at Brunch.

2018 Annual Conference Committee

Claudia Aguilar, Mexican American Opportunity Foundation, Los Angeles County

Christopher Atkinson, Child Care Resource Center, Los Angeles County

Mindy Brown, Valley Oak Children's Services, Butte County

Jeanna Bruce, YMCA Childcare Resource Service San Diego County

Jeanne Fridolfs, Community Resources for Children, Napa County

Kym Johnson Luqman, BANANAS, Inc. Alameda County

Angela Rodriguez, Supportive Services, Inc. Fresno, County

Jasmine Tijerino, Child Care Coordinating Council (4C's) of San Mateo County

For more information, please contact: Danielle Metzger, CAPPA (916) 567-6797, <u>Danielle@cappaonline.com</u> Or Cindy Mall, Network (415) 494-4642, <u>cmall@rrnetwork.org</u>

Wednesday Afternoon SEMINARS - 1:30 to 5:00 p.m.

A. What's Trending for Children and Families in California?

Facilitated by: Linda Asato, California Child Care Resource & Referral Network, Denyne Micheletti Colburn, California Alternative Payment Program Association, and panelists to be announced Strand: Executives & Managers

Social, economic, and political trends affect our child care world in subtle and not so subtle ways. Some member agencies are much more attuned and have adapted their programs, services and partnerships to these trends. We can also learn from agencies outside our world that help us examine our strategies and assumptions. Join this seminar that will push our collective thinking of how agencies can best address the changing needs of the constituents we serve and learn about programs, strategies and policies we can use in responding to and planning and advocating for the needs of our communities.

B. Strength-Based Supervision – From Coaching to Team Building to Conflict Resolution

Jennifer Carlin, San Francisco City College

Strand: Managers

How do you focus on what's strong and still correct what's wrong? This workshop explores how to motivate staff, gain a better understanding and appreciation of the strengths of your team, and develop emerging leaders by using strength-based supervision strategies. Included in this session will be a discussion of the influence of technology on supervising and managing staff, tips and techniques to help you coach employees and build healthy teams. In this session you will gain practical, powerful skills to keep conflict from escalating; listen without defensiveness; find common ground and satisfying solutions; and create positive, lasting change.

C. A Guide by Their Side, Not a Sage on the Stage: Approaches for Authentic Parent & Provider Engagement

Troy Nichols, Strategies 2.0, Child Abuse Prevention Center, Sacramento

Strands: Professional Growth and Working with Parents

It's all about being a "guide by their side," and not a "sage on the stage." An introduction to a collaborative, relationship-based approach to case management that goes beyond direct service to provide openings for transformative change. Learn about follow-along and listening techniques (a.k.a. "facilitating change talk") that tap into a parent's or family's own resources and motivations to make good things happen for their children and themselves.

D. Adults and Trauma

Laurie Prusso-Hatch, Consultant

Strand: Promoting Self-Care and Resilience

Adults bring their life experiences into their work with children and families. Greater knowledge, understanding and tools for healing can improve our efforts to serve. Discover your own history, find healing resources and enhance your resilience.

E. Looking at Families Through a Different Lens: An Introduction to the Strengthening Families Protective Factors Framework

Lorie Siebler, Community Child Care Council of Sonoma County (4Cs) Strand: Strengthening Families

This workshop will provide participants with the tools needed to view families from a different perspective by using the Strengthening Families Protective Factors Framework. Participants will learn about the five Protective Factors that help make all families strong. The role of culture, examination of bias and the importance of involving families in program planning are explored.

F. Exploring the Impact of Historical & Intergenerational Trauma on Family Dynamics

Charlotte Williams, California Child Care Resource & Referral Network Strand: Trauma Informed Care

Even though there is a more solid understanding that historical and intergenerational trauma impacts how family dynamics are created and a family's willingness to engage community service providers, this impact is often missed in family's assessment and intervention plan. This missed opportunity serves to exacerbate problematic family patterns of behavior and their lack of willingness to engage service providers, as family dynamics are labeled dysfunctional and caregivers as perpetrators. With the context of the family's historical and intergenerational trauma, providers are re-positioned to frame what may seem maladaptive as the family's survival strategies in the face of their historical and intergenerational trauma and provide enhanced trauma-responsive care to families. During this workshop, participants will have the opportunity to explore their own family history and dynamics, the systemic factors that serve to perpetuate traumatic responses and may present as barriers to service engagement, and best-practice strategies to enhance child and family resiliency.

G. Family Partnerships and Culture

Laura Bridges Nieuwenhuyse, Early Education and Support Division, California Department of Education Strand: AP Administration

This workshop will provide information on the Family Partnerships and Culture publication from the new CDE online series Best Practices for Planning Curriculum for Young Children. This publication promotes understanding of children's cultural or multicultural experiences at home and helps caregivers and providers use those experiences as building blocks for teaching and learning in early education settings. Participants will learn about specific strategies to understand the cultural influences in each family, while also exploring deeper understanding of one's own cultural context and biases. Includes tips on how to communicate with families across cultural divides and how to arrive at common agreements that give support to the child.

H. 12-Month Eligibility - One Year After Implementation (CDE)

California Department of Education, Early Education and Support Division, Policy Office Staff & Field Services Office Staff

Strand: AP Administration

The Policy and Field Services Offices will provide answers to some of the Frequently Asked Questions still surrounding 12 month eligibility one year after its implementation.

Wednesday Afternoon Workshops – 1:30 to 3:00 p.m. (continued)

L Come Play With Us! CCIP Module on Child Development & Learning

Disa Lindgren and Grace M. Hartman, California Child Care Resource & Referral Network Strand: Working with Providers

In this session, targeted for CCIP trainers, we will explore the new Child Development and Learning (CDL) Module, which is about theories of development and developmental domains, applying our knowledge to our practice, the importance of play, and the value of relationships in supporting children as they grow. Participants will engage in interactive activities from the module and have their questions answered so they feel confident about presenting the module to CCIP training participants in the communities they serve.

J. The New Normal: Disaster Preparedness

Lynne Olson, Governor's Office of Emergency Preparedness, Natalie Dunaway, Child Care Licensing, Sheila Whipple, Community Child Care Council of Sonoma (4Cs), and Bobbie Rose, UCSF Child Care Health Program

Strand: Health & Safety/Supporting Providers

Attend this panel discussion to learn about different tools, strategies, and resources for keeping children and child care staff safe in the event of an emergency disaster. There will be an opportunity to ask our panelists questions and share your experiences. Prepare to be better prepared!

κ. Reflective Practice with Family Child Care Providers

Diane Harkins and Maria Bautista California Inclusion and Behavior Consultation (CIBC) Network Strand: Building Knowledge in the Child Care Field

This session highlights the use of reflective practice with family child care providers in providing technical assistance around issues of inclusion, children with special needs, and challenging behaviors. Participants will be introduced to the reflective practice approach, including the use of video, developed by the California Inclusion and Behavior Consultation (CIBC) Network to support the professional development of family child care providers.

L. APP 101: Understanding Subsidy Programs in California

Eric Peterson, Coco Kids and other panelists to be determined

Strand: Building Knowledge in the Child Care Field

This workshop will include: the history of subsidized child care programs and state agencies, types of subsidized programs, who is eligible, how parents get on the list, types of care, and Q&A.

Wednesday Afternoon Workshops - 3:30 to 5:00 p.m.

M. Protective Factor - Social and Emotional Competence of Children

Justin Margolis, Valley Oak Children's Services Strand: Strengthening Families

This protective factor session will dive deeper into the individual protective factor of social and emotional competence of children. Having a greater base knowledge on this topic, is essential in helping you understand and be proactive when interacting with children and families.

N. Coaching the Caregivers (Session1)

Lori Clarke, MA, Chief Program Officer- San Diego State Social Policy Institute, School of Social Work Strand: Trauma Informed Care

The caregiver relationship provides one of the strongest contexts for enhancement of safety and support in the child's social environment. While we naturally think of caregivers in a child's social environments as their birth parents, the caregiver relationship can also extend to resource parents, social workers, therapists, teachers, and anyone a part of the child's social system equipped to send the child's signals of safety when he or she displays signs of distress. During this two-session workshop, participants will first learn about then practice the use of coaching, reflection and didactic conversation to gain a sense of how a caregiving system impacts a child's social environment and how to use these tools to help all caregivers in a child's social environment create a service culture that promotes safety.

O. 12-Month Eligibility: One Year Later (Agency Panel)

Chris Atkinson, Child Care Resource Center, Jasmine Tijerino, 4Cs of San Mateo County, Marco Jimenez, Central Valley Children's Services Network, Tracy McCracken, Del Norte Child Care Council, and Julie Swanstrom, Community Child Care Council of Sonoma County (4Cs)

Strands: AP Administration

The presenters of this workshop reflect a wide variety of agencies from across the state, such as small rural, large urban, medium sized, and majority migrant population. Panelists will give their experience with 12-month eligibility so far and how it relates to the populations they serve, as well as discuss their successes and challenges of applying the same rules and regulations no matter what service areas they serve. There will be time for questions at the end of the workshop.

P. Management Bulletin 18-05: Transfer of Families into a CalWORKs Stage 2 Child Care Program

California Department of Education, Early Education and Support Division, Policy Office Staff & California Department of Social Services, Child Care Bureau Staff

Strands: AP Administration

The Policy Office will provide information about the recently released MB 18- 05 detailing changes in the process for transferring families from Stage 1 to Stage 2 based on last year's implementation of 12 month eligibility. This MB supersedes MB 17-06.

Q. Supporting Dual Language learners in Family Child Care

Juan Manuel Ramirez, California Child Care Resource & Referral Network, and Lupe Jaime, Fresno County Superintendent of Schools

Strand: Working with Providers

This workshop will discuss an overview of strategies that support young children & their families who are Dual Language Learners (DLLs) and in Family Child Care. Through peer interaction participants will learn new ideas and tools to successfully support family child care providers working with DLLs.

Wednesday Afternoon Workshops - 3:30 to 5:00 p.m. (continued)

R After the Wildfires: Stories of Response and Recovery in the Child Care Field

Lara Magnusdottir, Community Child Care Council of Sonoma County (4Cs), and Robert Garza, Community Care Licensing Division, California Department of Social Services

Strand: Health & Safety/Supporting Providers

The fires in Sonoma County leveled thousands of structures, including preschools and licensed family child care homes. We will discuss the immediate and longer-term community reactions from an R&R point of view, what role EESD and CCL played, and what we have learned from this process. We will also discuss the long-term recovery for providers, child care centers, and the social-emotional impact on the community.

S. ECE Workforce Registry Cafe

Pamela Becwar, California Child Care Resource & Referral Network Strand: Building Knowledge in the Child Care Field

The Registry Café workshop will model an ECE Workforce Registry training for child care providers to learn about the Registry and discover how it can benefit them in accessing trainings, programs, and resources as they progress in their ECE career. This workshop is targeted to R&R staff and the unique challenges they face implementing the Registry with first time users.

T. Child Care R&R 101

Eileen Friscia, Child Care Resource Center, Jeanette Bellerive, 4C Council of Santa Clara County, Inc., and Laura Bridges Nieuwenhuyse, California Department of Education, Early Education and Support Division Strand: Building Knowledge in the Child Care Field

Have you ever wondered what R&R really stood for (besides rest and relaxation)? Here's your opportunity to get a firsthand account of what goes on in child care resource & referral programs and to understand why it's important for you to have a working knowledge of R&R to help support the children and families you serve. This session will also include information on the many professional learning opportunities from CDE that are designed to deepen your expertise and inspire you in your career in the field of early childhood. Workshop includes information on key publications, DVDs, websites, and online modules. Learn to identify the many training and coaching systems that support your work with families, early education teachers and providers.

U. Shared Service Model with Innovation

MCT Technology Staff and agency panelists to be announced

Strand: Technology

Many early childhood providers struggle to provide high-quality learning experiences for children while operating an efficient and thriving small business. At the same time, State early childhood leaders are focusing on increasing quality in early education settings. They are crafting State early learning and development standards and developing quality rating initiatives that increase the requirements that programs must meet and the frameworks and directives they must follow. We want to share our experience in creating a centralized infrastructure that ultimately reduces costs, strengthens management systems, creates efficient and standardized processes, and eliminates duplication of services.

Wednesday Afternoon 5:00 to 6:00 p.m.

Welcome Reception (Optional)

Wednesday Evening Opening Dinner 6:00 p.m. to 7:00 p.m.

Welcome!

Remarks by Denyne Micheletti Colburn, California Alternative Payment Program Association and Linda Asato, California Child Care Resource & Referral Network

Honoring Former Assembly Member and Superintendent of Public Instruction Delaine Eastin

Joins us as we recognize and honor Delaine Eastin for her passion, compassion, and commitment to children and families, and celebrate her tenacity and years of speaking truth to power as she stood up to the status quo and demanded we do more for our youngest citizens and their families.



Agency Pre-Sale Raffle Ticket Drawing

The rest of the evening is for you to enjoy.

Thursday Morning Plenary Session 8:00 to 9:45 a.m.

Welcome

Remarks by Cheryl Nelson, Kern County Superintendent of Schools, Community Connection for Child Care, Network Board President and Rick Richardson, Child Development Associates, Inc., CAPPA Board President

The Ripple Effect: An Integrative Framework for Enhancing Trauma-Informed Practice

Dr. Chandra Ghosh Ippen, University of California, San Francisco

Chandra Ghosh Ippen is the Associate Director of the Child Trauma Research Program at the University of California, San Francisco and the Director of Dissemination and Implementation for Child-Parent Psychotherapy (CPP). She is a member of the board of directors of ZERO TO THREE and has spent the last 26 years conducting research, clinical work, and training in the area of early childhood trauma. She has coauthored over 20 publications on trauma and diversity-informed practice, including the manual for CPP, a randomized trial documenting the efficacy of CPP, the children's story "Once I Was Very Very Scared," and the Trinka and Sam story series, which has reached over 200,000 families across the world.

She also has a lifetime mission to bake 1000 pies and a pie in all 50 states.

Dr. Ghosh Ippen will be signing her children's book "Once I Was Very, Very Scared" following her presentation. Books will be available to purchase at the conference.



Keynote sponsored by

Thursday Morning Workshops - 10:00 to 12:00 noon

v. Strategies for the Future: A Round Table Discussion for Organizational Leadership

(Executives, Board Members, COE Directors/Assistant Superintendents)

Sandee Blechman, Children's Council of San Francisco

Strand: Executives & Managers

This session provides an opportunity for leadership of member organizations to confer with and learn from each other about strategic opportunities and challenges as well as leadership and management challenges, while getting to know one another better. Come prepared to share with your colleagues what you are working on to enhance your organization's impact and sustainability and/or the challenges that most concern you.

w. What Makes Conflicts in our Workplaces Unique... Women, Communication, and Problem Solving

Jennifer Carlin and Kathleen White, City College of San Francisco Strand: Managers

Explore the challenges and opportunities presented in workplaces with a primarily female workforce. Learn strategies for problem–solving, addressing conflict and improving communication. Understanding the roles that women have been socialized to play as mediators and peace-makers and how direct communication and confrontation may be helpful skills in managing workplace differences in helping professions. Will include roleplays and strategies for addressing workplace conflicts.

Thursday Morning Workshops - 10:00 to 12:00 noon (continued)

X. From Creating to Owning Your Vision

Lana Frisby and Julie Peterson, Valley Oak Children's Services Strand: Professional Growth

Do you spend time planning, envisioning or wishing for a new car, house, relationship, or job? This workshop will give you the tools and process necessary to teach a vision board workshop as well as chance to create your own board.

Y. Welcome to the Jungle: Where Exceptional Service is Up to Us

Jill Johnson, Riverside County Office of Education Strand: Working with Parents

It's a JUNGLE out there. What can we learn from organizations like Nordstrom, Starbucks and Disney who are all leaders in exceptional customer service. Learn strategies from these organizations that can be utilized in programs that serve families and ECE professionals.

z. Fostering Resilience in Ourselves and the Families we Serve

Ludie Montoya, Kern County Superintendent of Schools, Community Connection for Child Care Strand: Strengthening Families

Resilient individuals are better able to learn from past failures and bounce back from adversity. This workshop will help participants explore their own resilience and consider small, significant changes that they can make in their daily practice to foster resilience in the families they serve.

AA. Bridge Program Roundtable

Facilitated by: Lola Cornish, Charlotte Williams, and Domenica Benitez, California Child Care Resource & Referral Network; Panelists: Jeremy Heebner and Tracy Urban, Family Engagement and Empowerment Division, California Department of Social Services, and local County, R&R, APP Representatives to be determined

Strand: Trauma Informed Care

The Emergency Child Care Bridge Program for Foster Children has helped us all to connect and align our goals to support children and families in ways that build on our strengths and stretches us to consider new possibilities. Join us for an opportunity to share and discuss a variety of models that integrate all three components, navigating the child care system, to securing a child care voucher, and supporting trauma-informed caregiving practices. Participants will have an opportunity to meet with state representatives as well as colleagues who will share stories and strategies to help us build a thoughtful, responsive, and robust Bridge Program.

BB. Bringing Back the Joy: Coping with Child and Adult Stress

Cynthia Price, Child Development Resources of Ventura County

Strand: Promoting Self-Care and Resilience

Because stress negatively impacts the ability to learn and affects the quality of outcomes for children and families, this interactive workshop offers participants the opportunity to learn how young children and adults both experience and exhibit the signs of exposure to toxic stress. Strategies to support stress reduction, using developmentally appropriate practices for young children and mindfulness techniques will be presented to encourage overall wellbeing. Finally, methods to create more peaceful and joyful learning and work environments for adults and children working together will be explored and shared.

Thursday Morning Workshops - 10:00 to 12:00 noon (continued)

cc. Provider Reimbursement Methods

Denyne Micheletti Colburn, CAPPA and other presenters to be announced Strand: AP Administration

This workshop will be presented by a panel of agency experts that make payments based on an invoice and others based on attendance forms. Areas to be touched on are the pros and cons of both methods, variable work schedules and other day to day situations we routinely need to address.

DD. Eligibility, Need and Family Size in Early Education and Support Division Programs

California Department of Education, Office Governance and Administration Unit (GAU) Manager, Centerbased Monitoring Unit (CMU), Manager, and Field Services Office Consultant

Strand: AP Administration

This presentation will use the GAU and CMU Review Guide with presentation slides to present information about how to verify eligibility, need, and family size in Early Education and Support programs. Best practices will be provided to avoid errors. Time will be provided for questions.

EE. Harmonizing Cultural Diversity in Family Child Care

Alba Munoz, YMCA Child Care Resource Services and Juan M. Ramirez, California Child Care Resource & Referral Network

Strand: Working with Providers

This workshop will talk about the importance of identity formation of infant and toddlers and how caregivers play a significant role as transmitters of culture. Through a variety of activities participants will learn ways that support the healthy development of children by providing as much consistency with the home culture as possible. Information based on the Program for Infants and Toddlers Care.

FF. A New Era for California Preventive Health and Safety Training and Technical Assistance

Bobbie Rose and Mira Liao, UCSF Child Care Health Program (CCHP), Gail Brodie, California Department of Education-Early Education and Support Division, Lucy Chaidez, Emergency Medical Services Authority, and Noah Fullerton, Community Care Licensing Division-California Department of Social Services Strand: Health & Safety/Supporting Providers

The UCSF Child Care Health Program (CCHP), a program of UCSF School of Nursing, with support through the California Department of Education (CDE), Early Education and Support Division, has recently launched the California Preventive Health Training and Technical Assistance Program! The goal of the new Program is to improve access to the eight hours of EMSA-approved Preventive Health training required for child care licensing by expanding the number of qualified trainers in R&R agencies in California. Attend this panel discussion to find out more about future Training-of-Trainer events, technical assistance, and how our state agencies are working together to support the quality and accessibility of the Preventive Health training.

GG. Family, Friend, and Neighbor (FFN) Caregivers: Supporting Community Building Through Playgroups

Disa Lindgren, California Child Care Resource & Referral Network and panelists to be announced Strand: Building Knowledge in the Child Care Field

Join us for this meaningful session where panelists from R&Rs across the state share their stories and experiences with caregivers who participate in playgroups to support children's learning and development, connect with each other, and help communities thrive. Participants will have an opportunity to ask questions and engage in conversation with the panelists and one another to inform their own work in the field.

Thursday Morning Workshops - 10:00 to 12:00 noon (continued)

HH. Know the Law About the Top 5 Most Asked About Topics

Laurie Furstenfeld, Senior Staff Attorney

Strand: Building Knowledge in the Child Care Field

The Child Care Law Center will explain critical child care laws that Resource & Referral and Alternative Payment Program staff should know to support the families they serve. Topics will include: 1) Custody battles – who is allowed to pick up a child from child care? 2) Giving medication in child care – what are the rules? 3) Due process requirements for parents with child care subsidies. 4) Tenant rights for family child care providers. 5) Eligibility for children in foster care and other out-of-home care.

Mission Possible: Using Social Media to Inform, Promote and Advocate

Keisha Nzewi and Jennifer Greppi, California Child Care Resource & Referral Network, and other panelists to be announced

Strand: Technology

Many of us are still tip toeing our way around social media, or avoiding it altogether. Let's shed our fear and learn creative ways to utilize various social media platforms to forward our missions, engage our communities, and advocate! During the second half of the session, we will participate in the MomsRising #EarlyEdChat twitter chat, discussing how states are utilizing their CCDBG dollars. Get your Twitter thumbs ready!

Thursday Lunch and Exhibitor Tables 12:00 noon to 1:15 p.m.

Thursday Afternoon SEMINARS – 1:30 to 5:00 p.m.

JJ. Reflective Supervision

Michael Williams and Troy Nichols, Strategies 2.0, Child Abuse Prevention Center, Sacramento Strand: Managers

Explore strategies for more effective supervisor-supervisee relationships—being proactive and responsive rather than reactive. We'll look at how the parallel process (seeing the connections between staff and family empowerment) and active listening (creating space for reflection and self-directed solutions) can help staff to better support families and find long-term satisfaction and sustainability in their work.

кк Nonviolent Communication - Speaking and Hearing from the Heart

Wilma Gold, Educators for Peaceful Classrooms and Communities

Strand: Professional Growth

Participants will learn the basic components of Nonviolent Communication as created and taught by Marshall Rosenberg. We will practice using the real communication challenges you experience in your everyday work. The skills acquired in the workshop will support positive relationship building with your co-workers and those you serve in your important work.

Thursday Afternoon Workshops-1:30 to 3:00 p.m.

LL Where are we going? A Conversation with CDE & CDSS

Sarah Neville-Morgan, California Department of Education, Early Education & Support Division, Kim Johnson, California Department of Social Services, CalWORKs and Child Care Branch, Family Engagement and Empowerment Division, and a Representative from the California Department of Social Services Community Care Licensing Division

Strand: Executives & Managers

Our high level state leaders will discuss how they envision the early care and learning field going in the coming years and how their departments' efforts contribute towards building California's support system for children and families. They'll review their department's large scale efforts and how these programs, strategies and our state's CCDBG funding fit together and where R&Rs and APs play a role in implementation towards our state's vision for the children and families we are charged to support. They'll also share any insights that we might need to take into consideration as one of their key partners in this work.

MM. Focus on Fathers

Justin Margolis, Valley Oak Children's Services and Danny Polanco, D.A.D. Project Strand: Working with Parents

Our workshop will focus on the need of father focused programs in our communities. The session will talk about the activities we do in our communities and how we engage fathers. The session will show why father involvement in agencies and the lives of children is so important.

NN. Social Connections: "I get by with a little help from my friends"

Lola Cornish, California Child Care Resource & Referral Network

Strand: Strengthening Families

This workshop helps participants understand the importance of positive social connections and provides strategies for helping others to develop them. You may laugh, you may cry, but we're all in this together. Learn about Parent Cafes, communication and much more in this highly interactive workshop.

OO. Coaching the Caregivers (Session 2)

Lori Clarke, San Diego State Social Policy Institute, School of Social Work Strand: Trauma Informed Care

This workshop will build on Session 1 from Wednesday and provide participants that attended Session 1 with an opportunity to practice the strategies discussed during the first session. Participants will use case scenarios as a way to apply the learned strategies to their work and enhance services, especially as it relates to training and coaching adults.

PP. Understanding and Overcoming Work-based Stress in ECE

Kathleen White, City College of San Francisco

Strand: Promoting Self-Care and Resilience

Participants will unpack the causes of work-based stress in early childhood settings and explore the unique characteristics of female dominated work-places, the needs of service providers and the systemic barriers in the field. Participants will receive tools for understanding a range of dysfunctional work environments and strategies for addressing stressful situations and structures at work. Skills can be utilized to address situations in a range of settings.

Thursday Afternoon Workshops -1:30 to 3:00 p.m. (continued)

QQ. CAPPA Branding Committee

CAPPA Branding Committee: Rick Richardson, Child Development Associates, Mike Michelon, Siskiyou Child Care Council, Karen Marlatt, Valley Oak Children's Services, Abby Shull, YMCA Childcare Resource Service, Joie Owen, Glenn County Office of Education, Jasmine Tijerino, 4Cs San Mateo County, and Michelle Graham, Santa Barbara Family Care Center

Strand: AP Administration

Are you struggling to explain the Alternative Payment Program to community partners or legislators? This workshop will share new strategies to effectively communicate the Who, What and Why of the Alternative Payment Program. Come learn about the new Alternative Payment Program Brand Strategy and communication tools, which include compelling visuals and key messages, created by the CAPPA Branding Subcommittee that will help you share your program's story and impact.

RR. Written Information for Parents and Providers (AKA the Parent Handbook) (Alternative Payment Programs)

California Department of Education, Early Education and Support Division, Field Services Office Strand: AP Administration

This workshop will provide information that will enable contractors to establish policies and procedures consistent with the requirements of their contract and reflective of the program's mission and goals. Included will be suggestions for how to make the written information understandable and accessible to parents and providers.

ss. Innovation in Action: Apprenticeships for Family Child Care Providers

Randi Wolfe, SEIU Early Education Training Center, Rochelle Crawford, Child Care Resource Center, and Eva Chou, BANANAS, Inc.

Strand: Working with Providers

Apprenticeships for licensed FCC providers represent a cutting-edge innovation among workforce development initiatives. Since 2015, SEIU has collaborated with three R&Rs (Bananas, CCRC, MAOF) to enroll more than 150 FCC providers. Apprenticeships provide no-cost college classes, on-the-job coaching and support services, wage stipends, cohort learning experiences, and the opportunity to earn California Child Development Assistant, Associate Teacher, and Teacher Permits.

$\boldsymbol{\Pi}$. TrustLine – From Fingerprints to Final Results

Renee Neal, and Wendy Scott, California Department of Social Services, and Cindy Mall, California Child Care Resource & Referral Network

Strand: Health & Safety

Join staff from around California that facilitate the TrustLine registration process in local agencies to discuss current processes and procedures, the roles of DOJ, CDSS, the Network, R&Rs and APs in the application process, and how you can assist in decreasing processing time. This session will include an overview of the CDSS - TrustLine Web-based Application (TWA) process.

UU. In Defense of Families: Immigration Issues in Child Care

Patti Prunhuber, Child Care Law Center, Leoncio Vasquez Santos, Centro Binacional para el Desarrollo Indigena Oaxqueño (Binacional Center for the Development of Oaxacan Indigenous Communities), and Lou Hernandez, Central Valley Children's Services Network

Strand: Building Knowledge in the Child Care Field

Immigrant families face a heightened fear of deportation and family separation in our current environment. This panel will discuss how you can support immigrants and agencies serving immigrant communities, including practical resources you can offer to support vulnerable families. We will cover immigrant eligibility for state and federally funded child care, the proposed expansion in what benefits would be considered in the public charge determination, who it would apply to and how to participate in the notice and comment process for the proposed rule, and discussion of the 2020 U.S. Census Bureau's planned question on immigration.

Thursday Afternoon Workshops -1:30 to 3:00 p.m. (continued)

W. Celebrating Partnerships - Shared Successes and Resources

Cynthia Price and Stephanie Conn, Child Development Resources of Ventura County, and AnnLouise Bonnitto, California Rural Indian Health Board

Strand: Building Knowledge in the Child Care Field

Child Development Resources of Ventura County and the California Rural Indian Health Board will share their journeys in partnership. Through a presentation format, the challenges and celebrations of the design and implementation of one of 270 Early Head Start Child Care Partnership Grants that were awarded nationwide will be shared. Additionally, the preliminary data that shows the positive impact for both children and family child care providers will be presented. Workshop participants will then be presented with examples of how California Tribes and Tribal programs and Local R&R's have successfully helped mutual clients in their areas. The workshop will share some insights on how to outreach to Tribes; what content areas do the local R&R's overlap with Tribal programs; what shared resources can both access to create meaningful partnerships that fortify the work done by both in the field of early education and child care; and what new partnerships are possible between the two.

ww. What's New with My Child Care Plan?

Jeannine Schumm, AJW, Incorporated, Tanya McMahan, Child Development Resources, Gemma DiMatteo and Keisha Nzewi, California Child Care Resource & Referral Network, and other panelists to be announced Strand: Technology

Get the latest information on the progress of the My Child Care Plan database, guidelines on using the My Child Care Plan logo and the development of the statewide consumer education site, <u>www.mychildcareplan.org</u>. Participants will hear from the MCCP DB developers, R&R users, and Network staff.

Thursday Afternoon Workshops - 3:30 to 5:00 p.m.

xx. CAPPA Member Meeting

CAPPA Board of Directors and Denyne Micheletti Colburn, CEO, California Alternative Payment Program Association

Come hear what CAPPA is intending to deliver to our members in 2018-19 and provide input on development of member best practices. The CAPPA Board will share their priorities, as well as their member committee reports.

Please note that this meeting is limited to staff from agencies that are members of the California Alternative Payment Program Association

vy. License Exempt Providers & the Referral Process

Heather Lang, BANANAS, Inc.

Strand: Working with Parents

The referral process is geared towards licensed providers. FFN or license exempt providers are the caregiver of choice for many families. BANANAS will share how we support families who choose this child care option which may be a family member, friend or neighbor.

ZZ Strengthening Families Certified Trainer Community of Practice – A Session for Certified Trainers Only

Ludie Montoya, Kern County Superintendent of Schools, Community Connection for Child Care and Lola Cornish, California Child Care Resource & Referral Network

Strand: Strengthening Families

This session is open only to those individuals who have been certified as trainers by the National Alliance of Children's Trust and Prevention Funds.

Thursday Afternoon Workshops - 3:30 to 5:00 p.m. (continued)

AAA. Relationships: Healing Trauma, Improving Lives

Laurie Prusso-Hatch, Consultant

Strand: Trauma Informed Care

Relationships of safety, security and care are the foundation of behavior. When the foundation is threatened behavior tells us just what the child needs from us and gives us the required clues. Strengthening relationships provides Trauma Informed Care and helps children heal.

BBB. Creativity Flows from a Quiet Mind: Meditation for Busy People.

Craig Nieuwenhuyse and Laura Bridges Nieuwenhuyse, Bridges Transformation Network Strand: Promoting Self-Care and Resilience

A regular meditation practice increases our mental clarity, nourishes our emotional stability, and opens us up to be in the flow of our personal and professional life. Through the inner states of deep relaxation found in meditation, we attain greater effectiveness, happiness, and contentment. Learn tips on how to meditate and how to create your own tailor-made meditation practice that works for you. Participants will be offered several meditation formats to explore. This workshop concludes with a guided meditation. Relaxation guaranteed!

ccc. Best Practices for Program Integrity (Fraud Prevention)

Gloria Torres and Pamela Washington, Crystal Stairs, Inc.

Strand: AP Administration

The workshop will offer attendees fraud prevention best practices for their subsidy programs. Attendees will have the opportunity to share their experiences as well as solutions. There will also be interactive and work group activities.

DDD. Attendance Recording, Reporting and Provider Payments (Alternative Payment Programs)

California Department of Education, Early Education and Support Division, Field Services Staff and Fiscal Services

Strand: AP Administration

This workshop presents an overview of the changes to attendance reporting as prescribed in AB 274. It will provide information on provider payments requirements and parents and provider responsibilities for attendance recording for reimbursements.

EEE. CCIP Hot Topics 2018

Domenica Benitez and Helen Woodlee, California Child Care Resource & Referral Network Strand: Working with Providers

Join the Network CCIP Team for a conversation about recent trends and upcoming plans. Bring any burning questions or hot tips you'd like to discuss and share your thoughts about how to keep CCIP growing to better serve children, families, and the providers who work with them.

FFF. Building HOPE through Equity: A Tribal Child Care and State Partnership to Support Quality Early Learning and Care

Sarah Neville-Morgan Director, California Department of Education, Early Education and Support Division, Dion Wood, TERO/Child Care Director Karuk Tribe of California, TCCAC Co-Chair, and Kim Nall, Colusa Indian Community Council, Hand-in-Hand Learning Center Director, TCCAC Co-Chair Strand: Health & Safety

In California the California Department of Education (CDE) and the Tribal Child Care Association of California (TCCAC) have been working jointly for several years coordinating conversations and meeting to collaborate on efforts that support tribal child care. More recently, the CDE and TCCAC have embarked on several new opportunities and work that identifies the inequities in California for tribal programs. The current work will continue to bring state leaders and Tribal leaders together in a collaborative effort of ongoing conversations, meetings, and time continuing to discuss the inequities that California state agencies have created in serving California indigenous children. As recipients of the Project HOPE (Harnessing Opportunity for Positive Equitable Early Childhood Development), we will share the efforts being made in CA that will provide opportunities for the leaders of both state and tribal governments to build the capacity of local communities and cross-sector state teams to address these inequalities and to promote child well-being for all children in California and California Indian Country. *Project HOPE is Funded by the Robert Wood Johnson Foundation in partnership with Boston Medical Center/Vital Village, BUILD Initiative & Nemours Children's Health System*

GGG. Realizing the Promise of Inclusive Child Care

Patti Prunhuber, Child Care Law Center

Strand: Building Knowledge in the Child Care Field

This presentation will introduce the key protections for children with disabilities so that they may fully participate in early care and education. We will discuss the Americans with Disabilities Act, the Individuals with Disabilities Education Act, California licensing rules, and how these legal tools guarantee very young children the important early access to early care and education that will help them succeed. In addition, we will cover the administration of medication in California licensed care, and how to work out plans and protocols so that children can get the medicine or medical services they need to safely be in care.

HHH. AP and R&R - Supporting Families Beyond 12 month Eligibility

Mary Ignatius and Jennifer Greppi, California Child Care Resource & Referral Network, Candy Duperroir and Mona Shirk, CoCo Kids, and Kristel England Community Child Care Council of Sonoma County (4Cs) Strand: Building Knowledge in the Child Care Field

Parent Voices wants to learn from the caseworkers and counselors who work with families every day. Join us to brainstorm ideas of new policies that support families to achieve their highest potential. Have you ever though to yourself "the program would work so much better for families if"? If so please join us for this exciting opportunity to change policies and support families!

Google, Care.com, Nextdoor... How Today's Parents Find Child Care and the Role of R&R

Gemma DiMatteo, California Child Care Resource & Referral Network and other panelists to be announced Strand: Technology

Parents are creative and resourceful when it comes to finding care for their children. There are a number of child care search engines available to parents looking for child care. When those applications aren't working, how might R&Rs support parents in their search for care beyond the database? Join us for a fun and innovative session to develop creative ways to support parents using a human centered design approach.

Thursday 5:00 to 7:00 p.m. – Socials (optional)

MCT Technology Social Activity



Thursday Evening 8:00 to 10:00 p.m.

Disco Music, Fun, and Prizes with Kaplan Social Activity (Optional)

Join Kaplan and colleagues after your dinner out on Thursday night to go back in time for a Disco-themed evening of music and fun. Prizes awarded for best Disco outfit, raffle prizes and more.



October 19, 2018

Friday Morning 8:00 a.m.



Friday Morning Meeting 8:00 to 10:30 a.m.

 Annual Meeting of the Members of the California Child Care Resource & Referral Network Cheryl Nelson, Kern County Superintendent of Schools, Community Connection for Child Care and President of the Board, California Child Care Resource & Referral Network, and Linda Asato, Executive Director, California Child Care Resource & Referral Network
Meeting Agenda Includes: President's Report; Election of Board Members; Public Policy Committee Report and Adoption of the 2019 Public Policy Agenda; Updates on the Statewide R&R Database, My Child Care Plan, and Information on the Foster Care Bridge Program.
Please note that this meeting is limited to staff from agencies that are members of the California Child Care Resource & Referral Network.

KK. I'm a Manager! Now What Do I Do?

Lynne Graham, BANANAS, Inc.

Strand: Managers

Congratulations, you got a well-deserved promotion, but you need some tools to transition from coworker to supervisor/manager. This session is perfect for the recently promoted or the not so recent who never received any management training.

Reclaiming Your Time: Prioritizing in the Midst of Chaos

Presenter to be announced

Strand: Professional Growth

Every day, you are pulled in multiple directions, with every task just as important as the next. In this workshop, you will learn the skills you need to fit your responsibilities into the time you have each day, week or month, and that sometimes, "no" is a perfectly appropriate response!

MMM. Child Care Planning and Homelessness

Presenters to be announced

Strand: Working with Parents

R&R counselors serve every family, helping them create a child care plan that best meets their needs. Some families have unique challenges that require care and sensitivity to support families in overcoming what may feel like impossible obstacles. Participants in this workshop will gain a clear understanding of the McKinney-Vento Act definition of homelessness, and how to support a family who meets the definition of homelessness, even if they don't self-identify as such. R&R counselors will learn tools that will allow them to approach child care planning from a strengths-based perspective, while maintaining dignity for families.

NNN. Parent Café – Redwood Room

Justin Margolis, Valley Oak Children's Services

Strand: Strengthening Families

The Butte Parent Café session will engage participants in ways that will provide them with the information they need to successfully lead Parent Cafés in their communities. The Butte Parent Café is based on the Strengthening Families Framework and the Five Protective Factors. Our community care based approach to family engagement has shown marked successes in the cultivation of the Five Protective Factors within the families we see.

Weighted States and Series and S

Ash Archambeau and Tracey Rooney, Healthy Minds, Healthy Bodies Kids Program Strand: Trauma Informed Care

Learn how to help kids and families help themselves with practices in awareness, and "facing and erasing," that go beyond coping mechanisms and help foster permanent change on a deep inner level. These simple, proven and powerful tools for mental health are for everyone and can be used anytime, anywhere safely. Join us for a relaxing and insightful workshop that you won't forget.

PPP. Sounds for Healing

Al Gibson, The Inner Soul Vibration

Strand: Promoting Self-Care and Resilience

We will be exploring the drum as a connection to the heart and as a tool for grounding. Participants will be taught a chant or two, and will help create a chant of their own. These chants or mantras can be a helpful tool to connect, reflect & heal after emotional distress (or simply as a fun activity!) with children, families, or staff.

QQQ. Parent Appeals

Janine Weglin and Divine Moody, California Department of Education, Early Education and Support Division, Parent Appeals

Strand: AP Administration

The Parent Appeal staff will discuss the notice of action and the parent appeal process. The staff will provide an in-depth presentation outlining the requirements for the local agency parent appeal process and the state level appeal process as they align with Title 5 California Code of Regulations. Questions will be addressed following the presentation.

RRR Overview of Recent Policy Changes Due to Legislation in Budget Act 2018

California Department of Education, Early Education and Support Division, Policy Office Strand: AP Administration

The Policy Office will provide an overview of new legislation that was passed in the Budget Act of 2018 relevant to CDE funded programs. The overview will provide a list of upcoming Management Bulletins, implications to programs and expected implementation dates.

sss. FFN (License Exempt) Toolkit for R&R and AP Programs

Tara Bartholomew, BANANAS, Inc.

Strand: Working with Providers

In this workshop, BANANAS will present the FFN Caregiver Toolkit. The creation of the toolkit was funded through the David & Lucile Packard Foundation. It includes tools and tips on how to engage FFN providers, every day learning activities that both AP programs and R&R agencies can use to promote early learning and health and safety for young children in family and friend care. It also includes class curriculum, outreach and engagement tools, and promotional videos for all R&R and AP agencies to use to promote our services, early education, learning through play, and encourage parent and informal caregiver engagement with our agencies. We will also discuss how to speak with parents around using FFN care and how our R&R counselors can support successful, consistent care for children.

m. Licensed to Care - Community Care Licensing Update 2018

Presenter to be announced

Strand: Health & Safety

This session will include updates on new regulations and trends in child care licensing. Information covered will include: mandated reporter training, incidental medical care policies/procedures; immunization of adults; the nutritional component of health and safety requirements and more!

uu. The Way Children Learn: Meaningful Interactions and Experiences

Joshua Alvarez, Kaplan Early Learning

Strand: Building Knowledge in the Child Care Field

Attendees will be actively involved and learn innovative strategies in supporting and coaching providers by getting away from typical activities and having meaningful interactions and experiences with children by being meaningful, purposeful and targeted in their teaching.

ww. Make It and Take It – Tap into Your Creativity

Jose Martinez, Discount School Supply

Strand: Building Knowledge in the Child Care Field

Do you consider yourself crafty? Would you like to be? Join this session to allow your creativity to blossom. This hand-on workshop will give you the opportunity to create without judgment and get ideas for activities you can do with children and families.

Friday Morning Closing Keynote Presentation, Pick Your Prize Raffle, and Brunch 10:30 – 12:00 noon

Closing Remarks, Pick-Your-Prize Raffle, Exhibitor Raffles

Denyne Micheletti Colburn, California Alternative Payment Program Association and Linda Asato, California Child Care Resource & Referral Network

Resilience & Rising Strong: How to create our happy endings by finding meaning in our story. *Karen Walrond, Photographer, Author, Speaker, Coach*



Karen Walrond is a photographer, author, speaker and coach. She's also a former engineer and an attorney, holding a Bachelor of Science in Civil Engineering from Texas A&M University, and a Juris Doctor from the University of Houston Law Center. She is an active member of the State Bar of Texas.

All of these skills, combined with her passion for empowering others toward self-determination and leadership, helped Karen become one of 2016's 40 over 40 Women to Watch, as well as one of YWCA-Houston's 2016 Outstanding Women of the Year. Because of Karen's diverse legal corporate and creative background, she focuses on topics as wide-ranging as leadership, diversity, self-image, creativity, social media and human resource issues. She is also a Certified Daring Way[™] Facilitator, trained in Brené Brown's work on vulnerability, courage, empathy and worthiness.

Her keynotes and workshops include information specifically on addressing how vulnerability -- the ability to show up in the midst of uncertainty, risk and emotional exposure -- is the strongest measure of courage that we have, courage which can help foster innovation and creativity. She has appeared on both local and national television and other news media, including PBS, Huffington Post, CNN.com and The Oprah Winfrey Show.

Her mission is to help you look for the light.

Keynote sponsored by

