

Tips for Enjoying Play & Learn

- Follow your child's lead. Let them explore and try. You will learn what they are interested in and what they can do.
- If an area is too busy, try and find another area to play.
- Help your child practice sharing and taking turns.
- "Redirecting" your child is a great way to help them manage their behavior. Some ways to redirect are to give different choices or to help the child find a new activity.
- You are also a "teacher" at Play & Learn. It is okay to play with, praise and redirect other children.
- If a child shows their frustration physically (hitting, pushing, etc.), please explain about "gentle" touch and about being safe.
- Help the children learn to take care of the toys and books. Show them how to put things away.
- Get to know the other people that come to Play & Learn. They have great ideas about taking care of children, fun things to do in the neighborhood and places to go to get help.
- Ask the facilitator questions and give us suggestions. We're here to make Play & Learn an enjoyable place to be and to support you and your family.
- Know that we support you in using the parenting and caregiving style that works for you and your family.
- Have fun! Play with the children, laugh, sing and explore!

