

Washington Friends Conference on
Religion and Psychology 2023

THE TRAUMA OF EXILE THROUGH A JUNGIAN LENS

February 17 - 19, 2023
Sessions on Zoom

Lourdes Hernandez, MA,
Jungian Analyst



This presentation will discuss the trauma of political exile, how it splits and shapes the psyche of displaced individuals, making their lives feel psychologically conflictual and incongruous. We will explore how Jungian theory can assist the exile in fashioning a new mythic center that grounds the uncentered, culturally diverse self-states that develop from acculturation. We will discuss how Jungian analysis is uniquely suited to working with the exile complex through the presenter's own dreamwork, active imagination, the transcendent function of the symbol, and the transference container - ultimately bringing meaning to the suffering of exile.

Lourdes Hernandez was marked by the traumas of war and political asylum when her family fled Cuba to take refuge in the United States. She holds post-graduate degrees from Pacifica Graduate Institute and Regis University in hermeneutics, counseling, and Jungian and Archetypal Studies. After a period of study in Zurich, Lourdes returned stateside to complete her analytic training with the Inter-Regional Society of Jungian Analysts and has a bilingual private practice in Boulder, Colorado. Lourdes is a lifelong musician and visual artist who values the curative power of the symbolic psyche and its restorative interventions.



INTEREST GROUPS

1. Creating Mandalas - Sundance Metelsky
2. What's in your Change Toolkit? - Ahriana Platten
3. Innerwork through Fairy Tale Films - Laura Lewis-Barr
4. Parsing the Plenary - Riley Robinson
5. If It Were My Dream-Gary Soulsman
6. Breathwork - Lauren Chelec Cafritz
7. On Your Own

[HTTPS://WWW.FCRP-QUAKER.ORG/WFCRP-REGISTRATION-2023](https://www.fcrp-quaker.org/wfcrp-registration-2023)

WFCRP Schedule 2023

Washington Friends Conference on Religion and Psychology
Forty-fourth Annual Conference

February 17-19, 2023 -- Times are ET

Friday, February 17

7:00 PM Conference Zoom site open

7:30 PM – 9:00 PM 1st Plenary Session

9:00 PM – 9:15 PM BREAK

9:15 PM – 9:45 PM Brief Meeting of Interest Groups

Saturday, February 18

11:00 AM – 12:30 PM 1st Interest Groups Meeting

1:30 PM – 3:00 PM 2nd Plenary Session

3:15 PM – 5:00 PM 2nd Interest Group

5:00 PM – 7:00 PM BREAK

7:00 PM – 8:30 PM 3rd Plenary Session

Sunday, February 19

11:00 AM – 12:30 PM 3rd Interest Group Meeting

1:00 PM – 1:45 PM 4th Plenary Session

1:45 PM – 2:30 PM Meeting for Worship Sharing and Closing

A zoom room will be open between sessions for fellowship.

More Info at <https://www.fcrp-quaker.org/wfcrp-2023>

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